

## THE KEYSTONE HIKER

**Preserving Pennsylvania's Footpaths** 

**November 2011** 

#### KTA HOSTS HIKING WEEKEND IN BUTLER COUNTY



ABOVE: 2011 Hiking Award Recipients at KTA's Annual Meeting on October 1, 2011. Photo courtesy of Joyce Appel.

The Keystone Trails Association hosted the 2011 Annual Meeting & Hiking Weekend from September 30, 2011 to October 2, 2011 at Camp Lutherlyn in Prospect, Butler County. Joyce Appel of the **Butler Outdoor Club** coordinated the weekend hike and activity schedule, with additional support from hike leaders from the **North Country Trail Association.** Over 40 hikes and excursions were offered along the North Country Trail, the Rachel Carson Trail, and other trails within Moraine State Park, McConnells Mill State Park, and Camp Lutherlyn's grounds. In addition to guided hikes, the 125 partici-

FALL WEEKEND Continued on p. 11

## **SUNDAY HUNTING** by Curt Ashenfelter, Executive Director

The Keystone Trails Association works to build and maintain trails with volunteer labor in a challenging environment that includes working during hunting season. We provide our volunteers with tools and materials to accomplish their good work and seek to provide them with an environment that is safe and beautiful. Hunters

use many of the trails we build and maintain to access remote hunting areas.

The hiking community has long respected the right of hunters to be afield six days a week. Hikers often self-select out of the woods so as not to interfere with hunters and their pursuit of game. However, we firmly believe that six days a week for hunting is enough. Sunday needs to be preserved for others who utilize hiking trails to pursue their interests in peace and quiet, and to enjoy the great outdoors without concerns for personal safety from

SUNDAY HUNTING Continued on p. 10

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#### 8TH ANNUAL PROWL THE SPROUL

The **Keystone Trails Association** hosted **its 8<sup>th</sup> Annual Prowl the Sproul Hiking Weekend** from July 22 to July 24, 2011, in the Sproul State Forest of western Clinton County. Hikers explored new and exciting parts of the Sproul that are only seen when hiking with a Department of Conservation and Natural Resources (DCNR) guide. Over twenty guided hikes, organized and led by KTA and DCNR, were held Friday, Saturday, and Sunday. Over 90 people from across the state of Pennsylvania were registered to participate during this three-day weekend, that was home-based at the Western Clinton Sportsmen's Association (WCSA). Hikers explored much of the Sproul, including: Boggs Run, Eddy Lick Trail, Yost Run, Donut Hole Trail, Drake's Hollow, Drake's Falls, Big Rock Vista, Swamp Branch Vista, Paddy's Run Falls, Reeder's Trail, Baker's Run, Eagleton Trail Vista, CCC-

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Shanna Filizzi, Program Administrator ktaadmin@verizon.net 717-238-7017

This newsletter is published four times each year as a service to its members by Keystone Trails Association. Deadlines for submitting material are 1/1, 4/1, 7/1 and 10/1. Opinions expressed are those of the listed authors. The Editor encourages submissions reflecting all viewpoints, but reserves the right to edit material. You are encouraged to submit your material via email.

#### **KEYSTONE TRAILS ASSOCIATION**

Curt Ashenfelter, Executive Director ktahike@verizon.net

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www.kta-hike.org

#### KTA—YOUR HIKING ADVOCATE IN ACTION

by Curt Ashenfelter, Executive Director



**Keystone Trails Association** is your advocate for providing, preserving, protecting, and promoting hiking trails in Pennsylvania. Below are just a few examples of our recent efforts:

Sunday Hunting: Legislation to permit Sunday hunting is being proposed in Harrisburg. I know some of you support Sunday hunting, but the vast majority of KTA members oppose it. In a recent Pittsburgh Post-Gazette article that reported on a hearing held in western PA, I articulated trail users' concerns about Sunday hunting, namely safety issues. Public hearings were also held in August (Lehigh Valley) and October (Harrisburg). In October, I had the opportunity to testify before the House Game and Fisheries Committee on Sunday hunting; you can read my testimony on p. 1. I encourage you to voice your concerns to your State Senator and Representative.

Introductory Meeting with Sec. Richard Allan of the Pennsylvania Department of Conservation and Natural Resources (DCNR): Sec. Allan spoke highly of KTA's mission and goals, and stressed DCNR's goal to be a good caretaker of Pennsylvania's woods and hiking trails. At the meeting, Sec. Allan indicated he is interested in maintaining the positive relationship between DCNR and KTA. He

also assured us that he will share his plan for the future of Penn's Woods in the coming two years as soon as it is finalized internally. KTA is excited to learn more about what the future holds and to comment on issues that affect hikers and hiking trails.

Marcellus Shale: On p. 6 you will see a notice that appeared on a PA hiking trail that discourages the use of drinking water due to gas drilling contamination. KTA continues to be extremely concerned about the impact gas drilling will have on our hiking trails. KTA recently joined other concerned organizations to sign onto a letter to Gov. Corbett (visit www.kta-hike.org for full letter).

Grants to Clubs: DCNR recently sent KTA a \$13,500 check to help hiking clubs in their mission to build and maintain hiking trails. Clubs that participated in the Round Two and Three Grant Program should contact me to review if their projects qualify for funding. These funds can also be used by hiking clubs to purchase trail building and maintenance equipment, such as chainsaws, pulaskies, weed whackers, loppers, hand pruners, and paint brushes (or any other tool which serves to further our mission to build and maintain PA's hiking trails). To apply for grant funds, send a one-page letter outlining which tools your club wishes to purchase, their price and on which trails they will be used. The KTA Grant Committee will then review the requests on a rolling basis and seek to approve the request within one month of receipt of the letter. Upon notification of approval, the local club can purchase the equipment and submit receipts to KTA for reimbursement (approximately a 30 day turnaround period).

#### PRESIDENT'S MESSAGE

by Thyra Sperry, President



Whether you have been protesting at "Occupy Wall Street," "Freedom Plaza, D.C.," "Occupy Philadelphia" or at the Capitol in Harrisburg, you are one of millions of people who feel the passion and the need to speak out in an effort to seek change. In order to effect change, KTA members must be vocal. In our home state, we are faced with the loss of the tranquility and habitat of our state public parks. Fast approaching on the horizon is the prospect of more and more gas drill rigs, gouged roads and heavy truck traffic, and pipelines that alter the beauty of parks and forests, and forever degrades trees and habitat.

43 Pennsylvania counties are facing the prospect of hiking trails being affected by Marcellus gas activity.

Large tracts of forests are being cleared for drill pads, compressor stations, and twelve million gallon holding ponds, and our hiking trails risk being severed or relocated. Over half—61—of our 117 state parks lie atop the natural gas-rich Marcellus Shale formation. Since the state doesn't own about 80 percent of the mineral rights, they can't legally deny access to those that do. In other words, they are powerless. They need our help to prevent the destruction of acres of public state parks.

We don't know yet which state game lands will be affected by Marcellus gas development. These lands are also heavily used by hikers, birders and hunters.

What can you do? Contact your state legislators and Governor Corbett via letter, e-mail, or telephone. We are an organization willing to stand up and demand that we have the right to protect our park system from this devastation. KTA is represented at hearings and rallies, and we take every opportunity to tell our story before the legislature on statewide issues that affect hiking and trails. Our voice must get louder if we are to conserve and maintain our state park system. Now is the

time to support the Keystone Trails Association with a holiday gift. Now is the time to speak out to those who control the destiny of the commonwealth as we know it today.

In the meantime, get out and protect your favorite trail!

#### **UPCOMING KTA EVENTS**

January 7, 2012—**Board Meeting**, Harrisburg, Dauphin County, PA

April 27-29, 2012—Spring Meeting and Hiking Weekend, Wellsboro, Tioga County, PA

June 30, 2012—**Board Meeting**, Harrisburg, Dauphin County, PA

September 8, 2012—**Super Hike,** Lancaster & York Counties, PA

#### **ADVERTISING**

The Keystone Hiker accepts paid advertisements from organizations and individuals whose messages are consistent with KTA's mission. Advertising rates start as low as \$125. For more information, contact Curt Ashenfelter at 717-238-7017 or ktahike@verizon.net.

#### KTA ELECTIONS HELD ON OCTOBER 1

At the October 1st Fall Council Meeting in Prospect, Butler County, the KTA Council elected the following candidates to the Board of Directors for the term ending October, 2014: Robert Davey, Jeffrey Mitchell, Paul Shaw, and John Stevens. The following officers were elected by the Council for the 2011-2012 term: Thyra Sperry, President; Wanda Shirk, Vice-President; Norman LaCasse, Secretary; and Ernest Werstler, Treasurer. In addition, the following individuals were elected to be Representatives-At-

Large: Joyce Appel, East Brady, PA; Kathryn Baker, Carlisle, PA; Diane Buscarini, Gouldsboro, PA; Carl Davis, Shippensburg, PA; Cecil Dobbins, Akron, OH; Linda Enders Roxberry, Shillington, PA; Henry Frank, Philadelphia, PA; Wayne Gross, Canadensis, PA; John Motz, Stroudsburg, PA; Vicki Porto, Carlisle, PA; Thomas Thwaites, State College, PA; and Barbara Van Horn, Duncannon, PA.

KTA congratulates and thanks all who choose to serve our organization as a Board Member, Officer, or Representative-at-Large. We appreciate all you do!

#### **MAINTAINERS' CORNER**

#### A YEAR OF TRAIL CARE by Ed Lawrence, KTA Trail Care Chair

Since the 2010 KTA Fall Hiking Weekend, there have been 16 KTA Trail Care events, including three Code Orange work days, eight weekend Trail Care events, and five weeklong Trail Crews. 179 KTA volunteers participated in one or more of these events, logging in a total of 4,453 hours of work on PA hiking trails. All three of the Code Orange workdays were held in state parks; these served to upgrade the treadway experience for young and old hikers alike in these important gateways to a passion for the outdoors.

By the end of their work week, the Chuck Keiper trail crew had reopened sections of that trail that had been closed in May after heavy winds toppled hundreds of trees. Their diligence allowed KTA's Prowl the Sproul Chuck Keiper Slack Pack to take place as planned. The 56 participants who worked at least 20 hours during one or more of the five trail crews not only ate well but also earned a KTA 'Volunteers Blaze the Way' t-shirt for their extraordinary efforts.

I would like to thank everyone who participated in a 2010 -2011 trail care event, especially those who stepped up as leaders. These are the people who really make each event happen "on the ground" and "in real time." I also want to thank Wanda Shirk and Mary Pitzer for their iron skillet skills, volunteering to cook for two of the crews. Lastly, I wish to again thank Tom Bastian for his work as the Trail Care Tool Master, keeping the power tools operable and the hand tools usable.

#### PROWL THE SPROUL, Continued from p.1



ABOVE: Eight hikers completed every mile of the Chuck Keiper trail: Julie Tebera, Scott Lippy, Saudy Carrera-Rosado, Todd Lange, Jennifer Hollinger, Christopher Sproul, Ed Lawrence, and Paul Shaw (not pictured). Also pictured: Dagaen Golomb, Jazmine Robbins, and Anthony Robbins. Photo courtesy of Paul Shaw.

built Cooks Run Trail, Diamond Rock Vista, and much more!

In addition to the terrific schedule of day hikes, fourteen experienced and fit hikers attempted to complete the entire 49.3-mile Chuck Keiper Trail in three days, enduring near-record-high temperatures. Guided by volunteer hike leaders Paul Shaw and Todd Lange (of Treks & Trails International) hikers "slack-packed" a new section of the rugged and scenic trail each day.

On Saturday, July 23, over 100 trail runners and hikers participated in the 4<sup>th</sup> Annual Prowl the Sproul 10K, hosted by the PA Trail Dogs. This challenging "baby sister" of the annual Hyner View Trail Challenge includes vistas, stream crossings and technical single track.

The WCSA in Renovo hosted KTA's hikers for the weekend-long event, and provided hearty meals and rustic camping accommodations. The relaxed and welcoming atmosphere, with hot showers, large pavilion, and horse-shoe pits was very much enjoyed by all who came. The warm hospitality of Ray Werts and Alice Tarr of the WCSA was greatly appreciated by all who came to Prowl the Sproul.

KTA thanks the knowledgeable and experienced hike leaders, including: Mike Davis, Ted Ligenza, Kyle Clouse, Jim Bratton, Jeff Simcisko, Chris Moore, Jason Bratton, Tim Fenton, and Eric

Probert from DCNR, Mike Eckley from the Nature Conservancy, and retired forester/ KTA member Butch Davey. KTA extends a special thank-you to forester Ted Ligenza, whose year-round efforts and commitment the Prowl the Sproul weekend an annual success.

KTA appreciates the ongoing commitment of DCNR and the KTA Volunteer Trail Crew to maintain and develop the trails in the Sproul State Forest for all of PA's hikers. KTA will host the 9<sup>th</sup> Annual Prowl the Sproul hiking weekend in July, 2012. Visit www.kta-hike.org for dates!

#### **MAINTAINERS' CORNER**

#### **MORRISON TRAIL UPGRADE**

by Bill Massa, KTA Member

In cooperation with the Allegheny National Forest Service, the Allegheny Outdoor Club (AOC) continued refurbishing the first half-mile of the popular Morrison Trail with funding from KTA's grant fund programs.

In late September, volunteers covered exposed hemlock roots with geotextile material and suitable bank gravel, improved drainages and constructed a walkway – much needed work due to the heavy hiking traffic on this trail.

The AOC has routinely maintained hiking trails in the A.N.F. for years. This marks the second time a portion of this trail has been improved with KTA funding. The AOC's goal in 2012 is to continue similar upgrades of the trail to the intersection where it splits to the north and south.

The Morrison trailhead offers access to the 10.8-mile Morrison loop trail and a shorter 5.8-mile loop trail. The two loops offer a 2-day backpacking experience or a short day hike. This trail leads to Morrison Campground, a boat access located on Kinzua Bay of the Allegheny Reservoir.

Facilities at the trailhead include ample parking, a vault restroom, and informational signing. Plowed during winter, it also provides access to the Rimrock Cross Country Ski Trail.

## KTA TRAIL CARE WINDS DOWN FOR 2011

KTA's Trail Care program offers interested volunteers three types of "handson" trail work opportunities. No prior experience necessary, and tools and training are provided. Volunteers must bring all personal camping gear.

**Trail Crew**: Weeklong events that begin on Tuesday evening and end the following Sunday at noon, with all meals provided. Participants can sign up for the entire week or by the day.

**Trail Care**: Work weekends begin Friday evening and end Sunday at noon. Participants provide their own meals.

**Code Orange**: One-day events. Camping may be available and food is sometimes provided.

Volunteers should contact trip leaders to indicate their intent to participate and get up-to-the-minute information.

#### November 11-13:

Bear Run Nature Reserve

Leader: Jeff Rosier Phone: 724.329.7803

Email: jrosier@paconserve.org

Camp: Kirkpatrick House near Ohiopyle

State Park



Visit
www.ktahike.org soon for
the 2012 Trail
Care schedule
and interactive
map.

#### **BLAZING THE WAY**

KTA volunteers "blaze the way" for PA's hikers! Volunteers who come to multiple Trail Care events form the back-



bone of KTA's Trail Care program. They bring with them the hands-on experience and knowhow that keeps hiking trails open as corridors to wonderful experiences in nature.

At the October 1 Council Meeting, KTA's Trail Care Program recognized the dedicated volunteers who participated in three or five or more Trail Care events during the past year:

For five or more events: Tom Bastian, Joe Clark, Ed Lawrence, Tony Robbins, Jasmine Robbins, John Stevens, and Dave Walp.

For three events: Curt Ashenfelter, Ben Auer, Diane Buscarini, Kevin Busko, Betty Clark, Jeff Clarke, Pete Fleszar, Joe Healey, Lorraine Healey, Fred Koerner, Nan Koerner, Elwood Laudenslager, Mary Pitzer, Sharon Southall, and Dave Wittmer.

Thank you all for your commitment to Pennsylvania's footpaths!

#### **NEW ONLINE DCNR-CONSERVATION VOLUNTEER APPLICATION**

The new DCNR-Conservation Volunteer online application is up and running! It will be used to process new applicants and track hours in a statewide database. Volunteers will be able to see their work hours and histories. Check it out at https://www.volunteers.dcnr.state.pa.us/VolunteerApplication.aspx

#### **AROUND THE CLUBS**

#### "ROSE TRAIL" DEDICATION by Joseph Frassetta, District

Manager, William Penn Forest District

The dedication of the first hiking trail ever built in the William Penn Forest District - the Rose Trail, named for Rose Chase, who saved Goat Hill Serpentine Barrens from becoming a quarry - took place on October 1, 2011.

The Rose Trail stretches 1.5 miles through state forest and Nature Conservancy land. It was built over four years by volunteers from Keystone Trails Association, Boys Scouts of America, Chester County Parks, the Nature Conservancy, the Pennsylvania Parks and Forests Foundation, and the Stateline Serpentine Barrens Friends Group.

The trail winds through sun-baked, bare serpentine rock and gravel where desert-like habitat supports rare and unusual plant species especially adapted to withstand heat and drought. Hikers encounter many rare or endangered plant species that have adapted to the harsh environment over thousands of years.

Over fifty individuals attended the dedication event to celebrate both the new trail and the partnerships that made the trail possible.

### TRAIL ALERT: **QUEHANNA TRAIL**

In June 2010, these signs were posted along sections of the Quehanna Trail, after an EOG well blowout incident on an inholding. Water contamination occurred in the headwaters of Little Laurel Run and possibly some nearby springs as well. Recontamination is possible each time there is a significant rain event.



If you have questions or concerns, you can contact the Moshannon State Forest office at 814-765-0821. Keystone Trails Association, as your hiking advocate, asks that you please continue to share your stories and photos showing how gas well drilling has impacted your hiking trails.

#### TRINDLE RD PARKING LOT

by Jim Foster, KTA Life Member #299

On October 21, the Cumberland Valley Appalachian Trail Club (CVATC) broke ground on its new parking lot at the intersection of Trindle Road (PA Route 641) and the Appalachian Trail (A.T.).

Trindle Road is one of the busiest roads in Cumberland County. There has never been an official A.T. parking lot at Trindle Road. The lot is used heavily by A.T. hikers, but has very poor sight lines and is frequently filled with mud. CVATC estimates that hundreds of thousands of hikers and walkers use the A.T. in the Cumberland Valley each year.

The new parking lot will have eight spaces, including one with handicapped access. It will also feature a sign kiosk and an imbedded chip that will enable smart phone users to receive information on the trail. The new parking lot will be located in Cumberland County midway between Mechanicsburg and Carlisle.

This parking lot project represents a great partnership between a local municipality, a private business, county and state agencies, a charitable fund and our club. Middlesex Township, where the lot will be located, is giving us in-kind services. They will excavate the lot, then haul and install stone and gravel. Tom Scully, a club member and registered landscape architect, designed the parking lot. We have received a generous \$6,000 grant from the South Mountain Partnership, which is affiliated with the Pennsylvania Department of Conservation and Natural Resources and the Appalachian Trail Conservancy. The Miles Fund, a charitable fund affiliated with Mountain Club of Maryland, has provided additional funding. Money for the sign kiosk is coming from the Cumberland Valley Visitors Bureau. Finally, club members will volunteer their time to provide much of the labor.

#### **MEMBER CORNER**

#### MY FAVORITE TRAIL

by Dan Styer, KTA Life Member #132

I don't have a favorite trail – I've done so much hiking in Penn's Woods that I couldn't pick one hike out from the dozens that vie to be my favorite. But I do have a most unexpectedly delightful trail.

The Mid State Trail starts at the Maryland – Pennsylvania border and immediately climbs to the top of a ridge. For 280 miles, it mostly stays up on wooded ridges or plateaus, occasionally venturing down to encounter rushing streams or waterfalls or stately rivers.

Through these 280 miles, the trail passes largely through public lands: state forests, state game lands, or state parks. And then, some 40 miles from the Pennsylvania – New York border, the trail enters an area of rolling hills, covered with mixed forest and cropland and pasture, where public lands are scarce.

I confess without shame that when I planned my 2011 Mid State Trail through-hike from Maryland to New York, I dreaded this section: It seemed like a lot of road walking with very little in the way of scenery or appeal.

How wrong I was! This 40-mile section is delightful in

variety and interest. The trail follows a dirt road for a little while, then heads up through a pasture and into a forest of maple and white birch, underlain with fern. It crests a hilltop and then skirts another pasture with serene pastoral views. The trail follows the edge of the pasture until it comes to a hemlock ravine.

A trail of such variety might be hard to follow, and indeed it leads through wet and brambly places between farm fields. But it is beautifully maintained with power mowers. The volunteer maintainers are truly to be commended! I felt as if I were walking through a poem by Robert Frost. There's plenty of wildlife (I saw six elk!) and wildflowers (bee balm!) and birds (Red-tailed Hawk!). Wild red raspberry grows profusely. When I was a child, we called these "wine berries" and indeed I have never eaten a more flavorful berry. This hike marked the first time in forty years that I've eaten my full.

If you're tired of walking through the woods and want a little variety, you'll find it in the northernmost 40 miles of Pennsylvania's Mid State Trail.

Dan Styer is a maintainer for a section of the Mid State Trail, a professional physicist, and author of Relativity for the Questioning Mind.

#### TRAIL CORRIDOR PROTECTION

by Karen Klos, NCT and KTA Member

The Allegheny National Forest (ANF), Pennsylvania's only national forest, and the North Country Trail (NCT), which passes through the ANF, are under attack. While parts of the ANF are already open to extensive logging, mining, and drilling, a new federal bill, H.R. 1581, would strip 25,000 acres of the ANF of all protections and expose pristine forestland to dangerous extractive industry.

There are laws that were designed to protect land like the ANF. The General Mining Act of 1872 authorized prospecting and mining for economic minerals on federal public lands. This law granted the right of U.S. citizens to locate a lode (hard rock) or placer (gravel) mining claim on federal lands open to mineral entry. While Congress declared that "...it is the continuing policy of the Federal Government in the national interest to foster and encourage private enterprise," it also mentioned "...so as to lessen any adverse impact of mineral extraction and processing upon [the] physical environment" (Title 30 CH 2 Sec 21a).

Unfortunately, this section CORRIDOR Continued on p. 12

#### THURSTON GRIGGS: TRAIL LEGEND

Thurston Griggs was a luminary in the trail community. In his long and rich life, he was a father, musician, actor, inventor, educator and conservationist.

Griggs dedicated most of his adult life to the preservation and heritage of the Appalachian Trail (A.T.). In 1959, he joined The Mountain Club of Maryland (MCM), an A.T. trail



maintaining club, alternatively serving as president, archivist, and representative to the MD A.T. Management Committee. He served as the Potomac A.T. Club's A.T. overseer between Turner's Gap and Lambs Knoll. Griggs served as first editor of ATC's "The Register," vice-chair of the ATC Board of Directors, member of the A.T. Museum strategic planning group, and MCM supervisor of trails.

Griggs worked relentlessly to preserve and protect the A.T. in PA and MD. He was a KTA member for almost two decades, and a Representa
\*\*GRIGGS Continued on p. 10\*\*

#### **MEMBER CORNER**

#### **2011 HIKING AWARDS**

KTA congratulates the following individuals, who were recognized for their 2011 hiking accomplishments at KTA's October 1, 2011 Annual Meeting in Prospect, Butler County, PA:

#### State Forest Trails Award

(For hiking 798 miles of state forest trails) **Lois Ludwig,** Cross Lanes, VA

#### Western Award

(For hiking 200 miles on trails in Western PA)

Jan Berg, Emlenton, PA

Carol Bickel, Slippery Rock, PA

Steve Bickel, Slippery Rock, PA

John Stehle, Butler, PA

Tammy Veloski, Fombell, PA

#### **Young Hiker Award**

(For hiking 25 miles on PA trails, under age 13)

Adam Bucynski, Huntingdon, PA

William Groff, Lancaster, PA

Paul "PJ" Kroushl, Lancaster, PA

Alex McFarland, Lancaster, PA

Andy Riegner, Newark, DE

Dale Veloski, Fombell, PA

#### **IRA DISTRIBUTIONS AS CHARITABLE GIFTS**

by Ernest Werstler, KTA Treasurer

Recent changes in the Tax Code allow individuals age 70 ½ or over to exclude from gross income up to \$100,000 that is paid directly from their individual retirement accounts (excluding SEP and SIMPLE IRAs) to a qualified charity, such as Keystone Trails Association. This excluded amount can be used to satisfy any required minimum distributions that individuals must otherwise receive from their IRAs.

To qualify, the distribution must be made directly to the qualified charity from the IRA Trustee. The IRA owner cannot receive the distribution first for it to qualify under this provision.

This is just one way to financially support KTA and receive an additional benefit of some tax savings. Contact your financial advisor for this and other ways contributing to KTA can lessen your taxes. To inform the Keystone Trails Association that you are making an IRA distribution, please contact Curt Ashenfelter, Executive Director, at 717-238-7017 or ktahike@verizon.net.

#### **NEW LIFE MEMBER**

Philip T. Kearney, Life Member #302

#### **VOLUNTEER OPPORTUNITIES**

#### **HIGHLIGHTED OPPORTUNITY:**

#### **EDITOR OF THE KEYSTONE HIKER**

Duties include writing, gathering, and editing articles, laying out the issue, submitting it to the printer and checking the proof. *The Keystone Hiker* editor is also an ex-officio member of the KTA Board of Directors.

#### **ADDITIONAL OPPORTUNITIES:**

**CLERICAL ASSISTANT** 

**EVENT SPONSORSHIP COORDINATOR** 

**GRANT RESEARCHER & WRITER** 

PARTNERSHIP DEVELOPMENT

PUBLIC RELATIONS COORDINATOR

**SOCIAL MEDIA FACILITATOR** 

SNOWMOBILE AND ATV ADVISORY COMMITTEE (SAAC) REPRESENTATIVE

SPEAKER'S BUREAU COORDINATOR

SPECIAL EVENT ASSISTANT

STUDENT INTERNSHIP COORDINATOR

#### **WEBSITE DEVELOPER**

For more information about volunteering with KTA, please contact Curt Ashenfelter at **ktahike@verizon.net**.

#### MEMBER DEATHS



John Gale Thurston Griggs John W. Howard



#### **MEMBER CORNER**

#### **CONTRIBUTIONS RECEIVED JULY-OCTOBER 2011**

Many thanks to all the individuals and organizations who contribute to KTA and support our efforts to preserve Pennsylvania's footpaths.

Gold Circle (\$250-\$2,499)

Springfield Trail Club Thomas T. Thwaites

Silver Circle (\$100-\$249)

Karen Balaban Mark H. Christy Carol Easter

Norman Lacasse Jeffrey Mitchell

George G. Probst,

In memory of 2,000-miler Paul Kurtz

Janice T. Reich John H. Shissler David R. Singer

Bronze Circle (\$50-\$99)

Blue Mountain Eagle Climbing Club Douglas W. Gray

Sylvia Grisez

Molly O'Brien-Foelsch Joseph R. Romanosky Robert M. Ross Thyra Sperry,

*In memory of George Petrisek*Peter D. Wolfe

**Other Contributors** 

Paul Brechbiel
Dr. Charles D. Connor
The Davis Family
Teresa J. Davis
Dr. Faye R. Doyle
Chelsea Dunkle
Anne Gale.

In memory of John C. Gale

Mary Gall

Daniel Grabenstein,

In memory of George Petrisek

Violet F. Helenthal Nancy Ellen Kiernan Roy P. Kleinle Bruce Lichtenstein

Kim Morgan

Thomas Yannaccone

#### **HERITAGE SOCIETY**

You can leave a wonderful legacy for hiking trails, their surrounding natural areas, and the hiking experience by remembering the Keystone Trails Association in your will. If you leave a bequest to KTA, you may choose to leave a specific amount, a percentage of your estate, or even a particular asset. Doing so will not only help to preserve the places you love to hike but will most likely reduce estate and inheritance taxes. For simple language that may be used in your will, contact Executive Director Curt Ashenfelter at 717-238-7017 or ktahike@verizon.net.

The **Keystone Trails Association** is a 501(c)3 nonprofit organization. All contributions are tax deductible to the extent allowed by law.

To make a contribution, renew your membership, or become a **Keep Trails Alive** monthly donor, call 717-238-7017 or visit www.kta-hike.org

#### **WORKPLACE GIVING**

Did you know that you can designate your United Way donation to any 501(c)3 organization, not just the ones affiliated with United Way? If your workplace participates in the United Way campaign, please consider writing in Keystone Trails Association!

The United Way's Fall 2011 Campaign is underway now, and will end in March 2012.

## KEEPING TRAILS ALIVE

KTA's **Keep Trails Alive** monthly donor program consists of individuals who commit themselves to giving a regular monthly contribution to sustain our work.

Giving to KTA is easy with a monthly automatic bank with-drawal! Please contact ktaadmin@verizon.net for additional information.

Many thanks to the following individuals who are a part of our **Keep Trails Alive** monthly donor program:

Keystoner \$1,200-\$2,499

A Friend Thyra Sperry

**Trustee \$600 - \$1,199** Dave Dalpezzo

**Ernest Werstler** 

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#### **KTA NEWS**

#### SUNDAY HUNTING, continued from p. 1

bullets and arrows. Hikers pursue their hobby for a number of reasons, including mental and physical well-being. Most hikers are concerned about their personal safety, and the perception of danger is always nearby on hunting days. Hearing a gunshot in the outdoors, whether near or far, is unsettling and shatters a hike's peace and quiet.

Proponents of Sunday hunting often cite a study that provides statistics that Sunday hunting will be an economic boom for PA because many more hunters will spend money on lodging, food, gas, etc., in pursuit of hunting. Hikers, too, travel many miles and spend money on many of the items quoted in the study of Sunday hunting. Promised economic benefits would be erased by large numbers of hikers leaving the outdoors.

In addition, the 2009-2013 DCNR-funded Statewide Comprehensive Outdoor Recreation Plan, *The Pennsylvania Outdoors: The Keystone for Healthy* Living, developed with extensive input from citizens and experts across PA, cited 99 action steps to get more people outdoors. Not one action step included Sunday hunting.

KTA supports hunting, and many of our members are hunters. We acknowledge the role hunters have played in managing wildlife and wild areas in the state. Hunters also acknowledge the role hikers have played in building and maintaining trails that provide access to remote hunting grounds. We have worked with the PA Game Commission on a number of state game lands to build and maintain numerous trails.

However, since 1873, hunters have hunted on Saturdays and hikers have hiked on Sundays. If, on Sundays, hikers hike, and hunters hunt, there is a greater chance for tragic consequences.

The case being made for Sunday hunting is seriously flawed. We do not believe that there will be a great economic benefit to PA if Sunday hikers are driven out of the woods, in order to allow a small minority into the woods.

Current law provides a safe and healthy balance in Pennsylvania. Expanding hunting to Sunday will change the way of life in PA and the ability of millions of Pennsylvanians to enjoy nature in peace and quiet. KTA strongly recommends that state government rejects Sunday hunting.

#### **GRIGGS**, continued from p. 7

tive-at-Large for a number of years. One of his greatest achievements was a special project with the Trust for A.T. Lands. Griggs was a key player in expediting the purchase of a tract of land that is now the location of the Thurston Griggs Trail. In 1986, Griggs received KTA's Citation Award. In June 2011, he was recognized for his lifetime service at the A.T. Museum's Hall of Fame Banquet (see photo on p. 7). At the July A.T. biennial conference, he received a Gold Service Award from the National Park and Forest Services, recognizing 50 years of service.

Thurston Griggs passed away on October 14, 2011, at the age of 95. The next time you hike on the Thurston Griggs Trail, pause and think of all he did for our trails.

# STATE FOREST HIKING TRAILS AWARD WINNER

Lois A. Ludwig, formerly of Washington County and now a resident of Cross Lanes, WV, is the 2011 recipient of KTA and DCNR's State Forest Trails Award, which is awarded to hikers that have completed all 780 miles of the 18 major



state forest hiking trails. Ludwig, 69, a retired secretary who began hiking Pennsylvania's wealth of major trails in 1977, received a certificate, patch and ceremonial wooden walking stick carved with her name. No stranger to tough trails, Ludwig lists among her hiking accomplishments the entire length of the Appalachian Trail from Maine to Georgia; 65 of the highest mountains in Maine, Vermont and New Hampshire; and the Central Andes in Peru.

"I have hiked in Montana and recently in Utah, but Pennsylvania still is one of my favorite places to hike," Ludwig said. "I've been living in West Virginia 16 years now, but I keep coming back to PA to hike the new trails. I enjoy them now as much as ever, and hope to continue hiking there for many more years."

Complete information, mileage and trail requirements, and award applications are posted on the DCNR website at www.dcnr.state.pa.us/forestry/trailaward.aspx.

#### **KTA NEWS**

#### CITATION AWARD TO WAYNE GROSS by Thyra Sperry, KTA Board President

KTA's "Citation Award" is presented to a person or persons who have made significant contributions to the preservation of hiking trails and promoting hiking in PA. This may be in the form of volunteer efforts, publications, field work, or any other pursuit that has furthered the mission of KTA.

Wayne Gross, a KTA Life Member, is a part of KTA history and has contributed in so many ways that one loses count.

Wayne is the founder and early president of the Pocono Outdoor Club, and a tireless trail maintenance worker. He helped make the 2006 guidebook for the Standing Stone Trail. He has served as KTA Publications Chair for many years, editing and overseeing a number of new editions of the Appalachian Trail (A.T.) Guide, and coordinating the updates on KTA's A.T. Pennsylvania state maps. He has provided a number of photos for guide books and created the 2002 KTA calendar.



In 1989, Wayne headed the Entertainment Committee for the A.T. Conference at East Stroudsburg University. He served on the PA A.T. Committee for a number of years. In addition, Wayne has alternatively served as KTA's Vice President, Coun-

cil Member, Representative-at-Large, and KTA Nominating Committee Chair.

Wayne has always been ready and able to tackle any task that KTA has presented him. Thank you, Wayne, for all of your contributions to Keystone Trails Association, towards fulfilling our mission of preserving, promoting hiking and conservation in Pennsylvania.

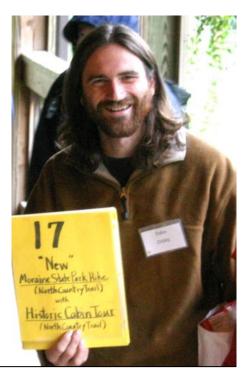
Wayne Gross responded: "I want to take this opportunity to thank the Keystone Trails Association for being recognized with the KTA's highest award, the Citation Award. It was a real honor to receive the award at the Fall KTA Meeting. I look forward to continuing to serve the organization that promotes and protects hiking opportunities in PA."

KTA appreciates the time and effort of the KTA Nominations Committee, and the hard work of Carol Witzeman, Awards Committee Chair.

#### FALL HIKING WEEKEND Continued from p. 1

pants were able to choose from boating trips, organized bike rides, children's activities, an astronomy program, and more! Although it rained most of the weekend, spirits remained high as adults and children alike congregated for hikes, programs, and even a covered bonfire. Jerome Wincek & The Old Hats - with their unique blend of Appalachian, blues, and folk music—was Saturday's featured entertainment. KTA Awards were presented at the Annual meeting (see p. 5-6 for full list) to the following individuals: Jan Berg, Carol and Steve Bickel, John Stehle, and Tammy and Dale Veloski for hiking awards; and Curt Ashenfelter, Diane Buscarini, Kevin Busko, Pete Fleszar, Joe and Lorraine Healey, Mary Pitzer, Ed Lawrence, Tony and Jasmine Robbins, and John Stevens, for Trail Care awards. KTA's prestigious 2011 Citation Award was presented to Wayne Gross. KTA congratulates all award winners on their achievements and thanks all hike leaders for making the weekend a success.

RIGHT: Dan Ochs, a KTA Fall Hiking Weekend Hike Leader. Photo courtesy of Tammy Veloski.



#### **KTA NEWS**

#### **SUBMIT YOUR A.T. PHOTOS**

KTA's Publications Committee is seeking slides or digital photos of the Appalachian Trail in PA for the cover and internal photos in the 12<sup>th</sup> edition of the Pennsylvania Appalachian Trail Guide, and for KTA's website and Facebook page. The photographs must be taken from the A.T. or of landmarks along the trail. We are looking for photographs of historical landmarks, vistas, trail maintenance activities, shelters, flora and fauna, and the trail during all four seasons. Photographers will be credited; please indicate location of photo and where along the trail it was taken. Submit photographs by February 1, 2012 to Keystone Trails Association, 101 N. Front Street, Harrisburg, PA 17101 or to ktaadmin@verizon.net.

#### **CORRIDOR,** continued from p. 7

of the 1872 law appears to have been ignored. In 2009, the U.S. 3rd Circuit Court of Appeals determined that a Notice to Proceed or Environmental Impact Study is not necessary in order for mineral rights owners to retrieve sub-surface property (oil, gas or minerals). Pennsylvania's North Country Trail (NCT) is in a unique and difficult position where it passes through the ANF.

With no checks and balances, the drillers and miners now have the last word on where a well (or ore pit) and the connecting roads will be placed. This puts the NCT in the ANF at constant risk of being severed.

Cooperation with industry interests is necessary for the NCT to survive. Trail corridor protection, with simple guidelines and reasonable limits, is a crucial element in protecting the future of both the NCT and the ANF.

The extractive industry interests are financial giants. Hikers must join together now, to make their voices heard, and opinions count. Hikers must be the voice of the trails, and of the forests. To express your concerns about this issue, please contact your U.S. senator and representative.

## POST-HURRICANE FLOOD CANCELS SUPER HIKE

On September 8, Keystone Trails Association announced the cancellation of the 3rd Annual Susquehanna Super Hike and Ultra Trail Run, scheduled for Saturday, September 10.



The route of the Super Hike is along the river hills on both sides of the Susquehanna River in York and Lancaster Counties. Much of the route and road access were disrupted by flood waters as the Susquehanna River and nearby creeks and streams rose to near-record levels. Emergency personnel closed access to starting point Otter Creek Campground, and parking and camping areas at finish line Pequea Creek Campground were flooded as well.

In announcing the cancellation, Super Hike Director Paul Shaw said, "After many months of anticipation by participants and countless hours of work by volunteers, it is disappointing to cancel the 3rd Annual Susquehanna Super Hike. But the safety of our participants and volunteers is paramount, and as we received weather updates and reports from the field, it became obvious that trying to hold the event would put these people at great risk."

Although the cancellation of KTA's Super Hike caused much disappointment among our registrants, volunteers, and staff, we are thankful that no lives were put in danger by our event, and that our home office—on the banks of the Susquehanna River—sustained no damage.

Next year's Susquehanna Super Hike and Ultra Trail Run will be held on Saturday, September 8, 2012. Please check KTA's newsletter or www.kta-hike.org for registration information in February, 2012.



#### **ALONG OUR TRAILS**

#### **DARLINGTON TRAIL**

The Darlington Trail was rendered impassable after it was struck by a tornado in May. After five work trips, it is now open to hikers. The area affected was 1.5 miles from Holt Road east to Tower Road, with the most concentrated area of damage a 7/10 mile stretch between the stream crossing at Bryson Hollow and Tower Road.

BELOW: Darlington Trail, Courtesy of Karen Balaban



#### **DELAWARE CANAL**

Several portions of the towpath remain impassable due to an estimated 75 downed trees along the entire length.

#### LOYALSOCK STATE FOREST

Mass flooding from Tropical Storm Lee paralyzed the State Forest access infrastructure. Staff reports that it will take a long time to rebuild/relocate what has been lost.

#### LAUREL RIDGE STATE PARK

A bid totaling nearly \$1.3 million was awarded on March 10 for the construction of the new Laurel Highlands Hiking Trail Bridge across the PA Turnpike (between Somerset and Donegal). The 10-footwide, 184-foot-long replacement structure is currently being built and expected to be finished by early December.

#### **MEMORIAL LAKE**

Tropical Storm Lee dumped recordsetting amounts of rainfall on the Swatara Creek watershed. Wood-



ABOVE: Laurel Highlands Hiking Trail Bridge, Courtesy of Jeff Johns, DCNR

land Trail's footbridges were washed away, leaving only the footers behind and the trail closed until repairs can be made.

#### **SWATARA RAIL TRAIL**

A quarter mile section of Swatara Rail Trail is closed due to erosion. Waterville/AT Bridge sustained erosion at the abutment and debris on the underside of the structure.

#### **WORLD'S END**

PA Route 154 and 87 have major road damage and the park is not accessible from these two roads.



ABOVE: Gas well burn off, as seen by hikers approaching McConnells Mill State Park during the KTA Fall Hiking Weekend, on Cheeseman Road, Portersville, PA 16051. Photo courtesy of Tony Robbins.

#### **FOR HIKERS**

#### HIKING ADVENTURES OF A LIFETIME

by Paul Shaw

It was day 6 of *Treks & Trails International's* Iceland Trek. Our overnight camp at Þórsmörk National Park (see photo) was nestled in a small grassy field between wooded hills and the swift-running Krossá River. After breaking camp, we boarded a tractor-pulled wagon provided by the park to ferry hikers across the Krossá. On the other side, we entered Goďaland, "Land of the Gods," a rugged area of eerie and bizarre mountains and hoodoos. Each rock formation suggests an enormous gargoyle or troll's lair. It was easy to see why Icelanders of old feared the interior of their country.

We began a steady climb through woods and shrubs, until we reached the alpine zone, an area of occasional grasses, wildflowers and incredible views in all directions. We successfully crossed a gut-twisting knife edge, a 50-ft. section of trail no more than four feet wide with sheer drop-offs falling hundreds of feet on either side. We continued to climb, in a couple of places holding onto cables bolted into the mountainside for added safety. Looking back, three waterfalls plunged to the valley far below.

After a stop for lunch on a small stony plateau, recent volcanic activity became much more evident. Snow patches were covered in ash. Hardened lava flows pushed down from the ramparts above. Plumes of steam



surged around us. Soon, the trail led us to the crater of the infamous Eyjafjallajökull volcano which severely disrupted air traffic in Europe last year. Although the volcano is now considered dormant, the cinders through which the trail passes were still quite warm, and we were surrounded by venting steam. Finally, we reached our day's destination, the nearby Fimmvörðuskáli hut, spectacularly perched at the top of a pass with panoramic views of the Atlantic Ocean in the distance, and lava fields, steam vents, snow fields, and multi-hued mountains just behind us. Just another day in Iceland.

Treks & Trails Int'l is a PA-based adventure travel service, and a Bronze Sponsor of KTA's 2011 Susquehanna Super Hike & Ultra Trail Run. Visit www.treksandtrailsinternational.com.

#### BACKCOUNTRY EDGE OFFERS CUTTING-EDGE HOW-TO VIDEOS FOR HIKERS

With exciting video reviews of hiking products, Backcountry Edge is a whole lot more than just another gear website with simple product descriptions and 'buy now' buttons.

On every single product page, hikers will find in-depth descriptions, hi-resolution images, and thorough product specification listings. Those descriptions are written onsite by Backcountry Edge's enthusiastic team of gear specialists, the same folks who are available to answer questions and talk on the phone at length with customers about getting the right gear for their next backpacking, camping, or hiking adventure.

"'Awesome Gear, Amazing Service' is more than just a tagline, it's our creed," says President and founder Tim King. "Our gear specialists are experts who work directly with the industry's leading brands. They stay on top of the latest trends and technical innovations to ensure that we're stocking the best gear for our backpacking customers. That gives us an edge, but it's the service that makes us truly unique." Customers can't help but pick up on the enthusiasm that the staff has for hiking, backpacking and the outdoors in general.

Backcountry Edge's video library is filled with helpful how-to-guides, technology explanations and product demonstrations. Video is shot with a focus on giving customers information that they want and aren't finding elsewhere. "Detailed product descriptions, spec charts and high-resolution images all help hikers make the best choices possible, and video allows us to present products and techniques in an even more hiker-friendly way," says King.

The company's Inside Edge program helps hikers by encouraging people to review products that they've purchased from Backcountry Edge and earn points to use toward future purchases in the process. Credible and honest re-

#### **FOR HIKERS**

#### HIKING WITH IMPUNITY

Hiking with Impunity LLC became a partner member of the Keystone Trails Association on August 24, almost a month after the unveiling of hikingwithimpunity.com. "The mission of Hiking with Impunity is to be your hiking resource and community," said Michael Magro Jr, editor and co-owner of hikingwithimpunity.com. "We will strive to be a resource for both beginner and experienced hikers alike." Regular departments featured on the site will include: reviews of gear, books, websites, and software; articles about hiking skills; presentation of hikes taken across the country with accompanying photo galleries; interviews; and much more!

Hiking with Impunity has also opened a second website: hikingwithimpunity.net. "We wanted the second site to provide hikers with a community forum in which they can interact with other people who share their same enthusiasm for hiking," said Magro. People who access the forum and chat room will be able to join a discussion on a variety of different topics.

Hiking with Impunity is looking for contributors to the website. Submission guidelines can be found at http:// www.hikingwithimpunity.com/faq/submissions/

#### **BACKCOUNTRY EDGE** continued from p. 14

views provide other potential buyers with an excellent first-person account of how gear performed in the field.

Employee Steven Lutz adds, "We strive to provide our customers with as much information as possible, but through phone conversations, e-mail correspondence and customer reviews, we probably learn as much from them as they do from us!"

"We wanted to raise the bar for online retail," says King. "To me, service is more than just fast flawless order fulfillment, free prepaid return shipping, a 100% satisfaction guarantee and real, live gear experts available via our toll-free 800 number. Service is also information. That's why we work so hard to provide such detailed product descriptions, spec charts and highresolution images. And it's why we've embraced video content. Video allows us to present products and techniques in a whole new way."

Backcountry Edge was a Gold Sponsor of KTA's 2011 Susquehanna Super Hike & Ultra Trail Run. View online videos, reviews, and store at www.backcountryedge.com

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book				\$39.90	\$46.20	
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Pennsylvania Hi				\$5.20	\$6.25	
Pennsylvania Hi	_			\$9.45	\$10.50	
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Standing Stone	Trail Gui	de (200	6)	\$7.35	\$10.50	
Guide to the Ho Guide to Pennsy		•	•	\$13.65	\$15.00	
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(1998)				\$5.20	\$5.80	
Loyalsock Trail (			والمدرون	\$10.80	\$11.70	
Tuscarora Trail, Half in MD & PA		to the r	vortn	\$8.40	\$10.50	
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Make check or money order payable to Keystone Trails Association and mail to: 101 N. Front Street, Harrisburg, PA 17101. For a full descriptive catalog, please write or call 717.238.7017. Prices are subject to change. Order online at www.kta-hike.org/shop



Name:

Congratulations to KTA's former Program Administrator, Becky Schreiber, who completed her 2,180-mile journey in August. She shared:

"Yesterday on Tuesday, August 9, 2011,
Nero and I completed our northbound thruhike of the Appalachian Trail. We were

very excited to summit Katahdin on the five-month anniversary of the day we set out from Springer Mountain in Georgia. The hike was incredible. At that point, you feel in a very concrete way that each step is bringing you closer to the end of your long journey. When we finally arrived at the iconic Katahdin summit sign... words can't really describe. We spent about an hour on top of the mountain taking pictures and soaking in the amazing view."



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#### HAVE YOU RENEWED YOUR MEMBERSHIP?

The KTA membership year ended on September 30. Have you renewed your membership this year? Member contributions support our efforts to provide, preserve, protect, and promote hiking trails in Pennsylvania. Our good work to preserve Pennsylvania's footpaths cannot continue without your help. Please renew your membership now, and consider gift memberships for your hiking friends and relatives this holiday season! Complete the membership form below, or renew online at www.kta-hike.org. Thank you for your generous support.

#### KTA MEMBERSHIP FORM

Address: _	
Telephone	e:
	ations (if any):
quarter, in	the KEYSTONE HIKER in full color via email ever istead of by postal mail. You'll save KTA paper and sts, while helping the environment!

Member organizations are welcome and should forward the name and contact information for the group's designated KTA representative along with appropriate contribution: \$50 per year for clubs; \$100 per year for commercial enterprises;

per year for clubs; \$100 per year for commercial enterprises; \$10 per year or \$25 for three years for youth groups. All member contributions and correspondence should be mailed to: 101 N. Front St., Harrisburg, PA 17101

KTA is an Internal Revenue Service 501(c)(3) organization and contributions are deductible to the extent permitted by law.

Basic Membership (New Member Only)	\$
Individual - \$15 Family - \$20	
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