KTA TRAIL CARE/CREW COMPLETES SUCCESSFUL 2010 SEASON by Ed Lawrence, KTA Trail Care Chair

The Trail Care program sponsored by KTA funded 4 one-day Code Orange events, 4 weeklong Trail Crews and 8 weekend Trail Cares in 2010. A total of 191 participants walked the walk throughout the length of the trail care season putting in 3,912 hours of work on Pennsylvania’s hiking trails. Volunteers helped upgrade the trails at several State Parks including Shikellamy, Cook Forest, Poe Paddy, Sinnemahoning, McConnells Mill and Promised Land. The Allegheny Front, Chuck Keiper, Donut Hole, Loyalsock, Mid State, North Country, Standing Stone, T-Squared, Thunder Swamp Trail System and West Rim Trail all got the hands-on treatment of targeted improvements this year as well. The Trail Care program also partnered with the Western Pennsylvania Conservancy to begin work on a major renovation of the trail system within their Bear Run Reserve near Falling Water.

A little over half the work hours volunteers contributed in 2010 were logged during the June Trail Crews, making them an important component of the Trail Care Program. These weeklong efforts gave the crew leaders and work organizers a real opportunity to make substantial headway on major trail projects, while participants got the benefit of having all their meals provided for the week by amazing Cast Iron Chefs.

In 2011 the Trail Crew program will sponsor five weeklong crews. Look elsewhere in this issue or on the website for more details.

TRAIL CARE continued on Page 9

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DRILLING continued on Page 5
2011 KTA TRAIL CARE SCHEDULE

The KTA Trail Care program offers interested volunteers 3 types of "hands on" trail work opportunities. No prior experience necessary. Tools, safety equipment, gloves, conviviality and mentoring provided. Volunteers are responsible for bringing all personal camping needs.

Trail Crew: Begins on Tuesday evening and ends the following Sunday at noon, with all meals provided. Participants can sign up for the entire week or by the day.

Trail Care: Work weekends begin Friday evening and end Sunday at noon. Participants provide for their own food needs.

Code Orange: A one day event. Camping may be available and food sometimes provided. New Code Orange work days may be scheduled throughout the year. Check www.kta-hike.org for current listings.

Volunteers should contact trip leaders to indicate their intent to participate and get up-to-the-minute information.

March 25-27: Trail Care, Mid State Trail, State College Region
Leader: Kevin Busko, 814-643-4238, kbusko@verizon.net
Camp: Seven Mountains Boy Scout Camp, Rimmey Cabin

April 2: Code Orange One-Day Trail Care, Keystone State Park
Leader: Jack Leasher, 724-744-0675, jleasher@comcast.net
Camp: Keystone State Park cottages (available both Friday and Saturday nights)

April 29-May 1: Trail Care, Thunder Swamp Trail System
Leader: John Motz, 570-236-1462, trailbldr@hotmail.com
Camp: Promised Land State Park

May 7: Code Orange One-Day Trail Care, Gifford Pinchot State Park in partnership with the Friends of Pinchot State Park
Leader: Steve Stroman, 717-350-0437, stevestroman@hotmail.com
Camp: Camping will be available both Friday and Saturday nights in group camping area. Friends group will host a Saturday night cookout for participants.

Leader: Jennifer Case, 570-643-7922 x.20, jcase@tnc.org
Camp: Inside the Hauser Nature Center, Long Pond

May 31-June 5: Trail Crew Week #1, North Country Trail*
Leader: John Stehle, 724-256-0674, stehles@yahoo.com
Camp: Pending Work Confirmation

June 7-12: Trail Crew Week #2, Mid State Trail, Tioga Region*
Leader: Pete Fleszar, 717-583-2093, tioga@hike-mst.org
Camp: Private site near Arnot, Tioga County

June 14-19: Trail Crew Week #3, Chuck Keiper/Donut Hole Trails*
Leader: Carl Ganong, 484-550-9802, sails123man@yahoo.com
Camp: Western Clinton Sportsmen Association

June 21-26: Trail Crew Week #4, Mid State Trail, Everett Region*
Leader: Deb Dunkle, 814-652-2227, dhdunkle@embarqmail.com
Camp: Tenley Park in Everett

June 28-July 3: Trail Crew Week #5, Standing Stone Trail*
Leader: Mel Cooper, 814-643-2641, lunchtime1@verizon.net
Camp: Narrows Gun Club near McConnellsburg

*Pre-registration required for the KTA Trail Crews to facilitate meal count

2011 KTA TRAIL CARE SCHEDULE continued on Page 9
PRESIDENT’S MESSAGE by Thyra Sperry

In January it seemed like a good idea to set some goals for myself for the New Year. This year I plan to attend some Trail Care events on the weekends and a portion of the Trail Crew schedule in June. There is always plenty to do, maybe the cook needs a helper?

I need to get out and hike more this year too. Trail Care provides a great opportunity to experience different sections of the Mid State, Thunder Swamp and Standing Stone Trails and other footpaths around the state.

Wow, what a schedule from March to November! (See page 2.)

What else? Oh, I need to keep writing to my state and federal legislators so that they know hikers want to preserve the beauty of our state and national forests. They need to hear from the hiking community - lots of us and frequently. Clean drinking water, scenic viewsheds and vistas, unfragmented forests and hiking trails are at risk more than ever. The environmental disturbance to our forests is large scale.

I will continue to be a monthly donor through the Keep Trails Alive program in order to support KTA financially so that we can continue advocating for statewide trail protection. The Board of Directors, Representatives-At-Large and Committee Chairs continue to be generous in their giving, and this is a good year to make giving to KTA a priority. In addition to contributing our time and talent, our financial support is needed to ensure that KTA has a sound financial base. Good management practices should be coupled with contributions from members and friends of the trail.

We are sad that Becky Schreiber has left our organization to realize her own goal of thru hiking the Appalachian Trail this year. But we are thrilled too. It is pretty exciting, and we hope to slackpack with Becky when she arrives in Pennsylvania.

Shanna Filizzi, hiker and new Program Administrator, became a part of the team on January 31. Janice Reich, has been elected as a board member, but is not new to Pennsylvania hiking trails or volunteerism (see page 9).

Hope to see you at a Trail Care or Trail Crew event this year or in September as a volunteer for the Susquehanna Super Hike.

In the meantime, Get out and protect your favorite trail!

Thyra

MANY THANKS TO KTA

It has been a privilege to work for the Keystone Trails Association during the past three years. Thanks for the opportunity to play a small role in such a great organization. I am continually inspired by the dedicated volunteers who build, maintain, protect and promote the hiking trails across Pennsylvania. I look forward to seeing you on the trail this year!

All the best,
Becky Schreiber

UPCOMING KTA EVENTS

April 15-17: Spring Meeting and Hiking Weekend, West Chester, Chester County
May 28-June 5: Pennsylvania Hiking Week, Statewide. Co-sponsored with DCNR.
July 22-24: Prowl the Sproul, Renovo, Clinton County
September 10: Susquehanna Super Hike & Ultra Trail Run, York & Lancaster Counties
September 30-October 2: Fall Meeting and Hiking Weekend, Prospect, Butler County

ADVERTISING TERMS AND RATES

The KTA Newsletter accepts paid advertisements from profit and non-profit organizations and individuals who want to present their messages to our readers whose interests are focused on hiking, backpacking, outdoor recreation, nature, conservation or environmental issues.

KTA reserves the right to reject any ads that do not reflect KTA’s mission and to limit the number of ads per issue.

For more information, please contact KTA Executive Director Curt Ashenfelter by phone at 717-238-7017 or by email at ktahike@verizon.net.
**TRAIL MIX By Curt Ashenfelter, Executive Director**

I trust that you have enjoyed a number of beautiful snow-filled hikes this winter. Now is the time to plan future hikes.

For those of you needing a little extra motivation to hike, bring friends and family to hike with the Keystone Trails Association at our Spring Hiking weekend in West Chester on April 15, 16 and 17. If you have never hiked with the Keystone Trails Association, you are missing a fabulous weekend of guided hikes.

It is the Keystone Trails Association’s first visit to southeastern Pennsylvania in a number of years, and local hike leaders have put together a first class schedule of hikes. Bring a friend and enjoy the wonderful world of guided hikes with the Keystone Trails Association.

<table>
<thead>
<tr>
<th>Thirteen great Pennsylvania trail hikes to consider for spring, summer and fall are:</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Centre County</strong> Mid State Trail: Penn Roosevelt State Park north to Route 322 (KTA members enjoyed this hike during the 2010 Annual Fall Meeting &amp; Hiking Weekend)</td>
</tr>
<tr>
<td><strong>Chester County</strong> Horse-Shoe Trail: West from Valley Forge National Park (consider hiking with KTA at the Spring Meeting)</td>
</tr>
<tr>
<td><strong>Clarion County</strong> North Country Trail: In Cook Forest State Park (consider hiking with KTA in October at the Fall Meeting &amp; Hiking Weekend in Prospect)</td>
</tr>
<tr>
<td><strong>Clinton County</strong> Chuck Keiper Trail: Slackpack with KTA in July at Prowl the Sproul before gas drillers ruin the views. Gas leases were made available last year near the southern portion of this trail</td>
</tr>
<tr>
<td><strong>Cumberland County</strong> Appalachian Trail: North of Route 174 (near site of excellent television coverage of KTA’s Pennsylvania Hiking Week efforts in 2010 by WGAL Channel 8 Lancaster). If you are interested in leading a hike during Pennsylvania Hiking Week, please contact me. KTA hopes to organize 100 hikes this year and needs your help.</td>
</tr>
<tr>
<td><strong>Fayette County</strong> Laurel Highland Trail: North from Ohiopyle near site of October 2010 Trail Care weekend at Bear Run Nature Reserve</td>
</tr>
<tr>
<td><strong>Fulton County</strong> Standing Stone Trail: North from Cowans Gap State Park. June 2010 Trail Crew Week volunteers spent significant labor building new trail north of the park. If you are interested in participating in a Trail Crew week in June, see page 2 for the schedule. Food and camping are provided free to volunteers. The <em>Standing Stone Trail Guide</em> is available for $5 (a deep discount from the normal price) with this article attached to your check to KTA.</td>
</tr>
<tr>
<td><strong>Lawrence County</strong> North County Trail: North to McConnells Mill State Park. November 2010 Trail Care Weekend maintained numerous stretches of this trail.</td>
</tr>
<tr>
<td><strong>Perry County</strong> Tuscarora Trail: North from Route 74. KTA played a significant role in relocating this trail off of valley roads and onto the ridge top.</td>
</tr>
<tr>
<td><strong>Philadelphia County</strong> John Heinz National Wildlife Refuge: Established to protect the last 200-acres of freshwater tidal marsh in Pennsylvania (consider hiking with KTA in April at the Spring Meeting &amp; Hiking Weekend in West Chester)</td>
</tr>
<tr>
<td><strong>Sullivan County</strong> Loyalsock Trail: Near Worlds End State Park (site of September 2010 Trail Care Weekend). If you are interested in participating in Trail Care Weekends, please see the schedule on page 2. Camping or cabins are provided free to volunteers.</td>
</tr>
<tr>
<td><strong>Tioga County</strong> West Rim Trail: Trail south (KTA members enjoyed this hike during the 2010 Spring Meeting &amp; Hiking Weekend)</td>
</tr>
<tr>
<td><strong>York County</strong> Mason-Dixon Trail: South of Route 372 through Peach Bottom (consider hiking this trail further north from Otter Creek Campground south to Route 372 with KTA in September during the Susquehanna Super Hike)</td>
</tr>
</tbody>
</table>

For more information on these trails and others located in your county or nearby counties, consider purchasing the *Guide to Hiking Trails in Pennsylvania* map and the *Pennsylvania Hiking Trails* book. Order form is available on page 15. We are offering both items for $10 (a deep discount from normal price) with this article attached to your check to KTA.

I look forward to seeing you and your friends in West Chester.

---

**Purchase the Guide to Hiking Trails in Pennsylvania map and the Pennsylvania Hiking Trails book together for only $10. See article for details.**
KTA - YOUR HIKING ADVOCATE IN ACTION by Curt Ashenfelter, Executive Director

NEW GOVERNOR IN TOWN
Pennsylvania’s new governor Tom Corbett must close a budget shortfall of $5 billion dollars in 2011-2012. Many state programs will be cut.

In the months ahead the Keystone Trails Association will be your voice representing your hiking interests in Pennsylvania to not only Governor Corbett, but to his new Secretary of the Department of Conservation and Natural Resources as well.

As you know - but the new administration may not - the Keystone Trails Association is the primary voice of hiking in Pennsylvania, and our advocacy efforts in Harrisburg are the most effective solution to the problems of trails preservation and maintenance.

KTA’s voice and record of accomplishments has been heard in Harrisburg by the Rendell Administration, but with the election of a new governor and the appointment of a new Secretary of the Department of Conservation and Natural Resources, it is time once again to forcefully tell the hiking trail story.

Pennsylvania state government will be facing mammoth shortfalls in revenue. Hiking trails provide Pennsylvania citizens with recreational opportunities that are unmatched on delivering value for a tax dollar.

In Pennsylvania, the Keystone Trails Association is part of a network of other organizations seeking to promote and utilize the outdoor trails of Pennsylvania. These competing organizations represent a constant challenge to hikers and hiking trails. Some of these organizations compete against hikers for government funding that is dedicated to outdoor recreation. Other organizations support activities that threaten the preservation and protection of hiking trails.

Keystone Trails Association’s competitors include all-terrain vehicle (ATV) associations, snowmobile associations, horse associations and mountain bike associations. The various associations have missions that also “utilize” hiking trails in Pennsylvania.

All of these organizations compete against hikers not only to gain access to trails, but also in seeking to attract and solidify their monetary support from state government. In order for hikers to sustain themselves in a competitive environment, hikers need the Keystone Trails Association.

There is an urgent, unmet need regarding the preservation and maintenance of hiking trails in Pennsylvania and this compelling problem warrants your support and funding.

Please join the current Keystone Trails Association members who donate monthly to the Keep Trails Alive program to support our advocacy efforts in Harrisburg and our trail maintenance efforts. Contact me at ktahike@verizon.net for more information.

DRILLING (from Page 1)
when the original timber was cut off and when mining was done. This will be done almost mindlessly.

“The Legislature, the Administration and, from what it sounds like, future Administrations are going to look at this like it’s a cash cow. And they are going to use it until it’s depleted and let someone else worry about that. But I think it’s time for us to start thinking about these things instead of having such a short vision.

“We’re only at the very beginning of this gas play. What is it going to be like at the end? Will it be well-managed and sustainable? Or will it be a depletion of the natural resources without any plan for restoring and replacing these forests?

“Many of my colleagues who I worked with over the years, everybody sort of had a sense of mission and a pride in what this place is all about. I know that it took a lot of people who are interested in forest conservation to get us to where we are today. Are we going to abandon that? I hope not.”

Butch is currently serving his second term on the Keystone Trails Association’s Board of Directors.
The Keystone Trails Association is excited to announce a new event for this year’s *Prowl the Sproul* Hiking Weekend scheduled for July 22-24 in western Clinton County.

In addition to the terrific schedule of day hikes already offered at Prowl the Sproul, experienced and fit hikers will have the opportunity to complete the entire **Chuck Keiper Trail** during the three-day weekend.

The Chuck Keiper Trail is a **49.3-mile long-distance hiking trail** located in the Sproul State Forest. The trail traverses some of the wildest and most visually arresting public lands in Pennsylvania.

Hikers will “slackpack” a new section of the rugged and scenic Chuck Keiper Trail each day. By leaving behind heavy multi-day backpacks, hikers carry only what they need for a typical day hike, which gives them the ability to cover longer distances. At the end of the day, transportation will be coordinated back to the WCSA clubhouse for hot showers, a delicious meal and a comfortable evening around the campfire.

The Chuck Keiper Slackpack will be led by Paul Shaw and Todd Lange of **Treks & Trails International**. Paul and Todd have more than 25 years of combined trail guiding experience in the U.S. and abroad.

Participation will be limited to 20 hikers. Hikers will stay together as a group and maintain a brisk hiking pace of more than 2 miles per hour over long distances and challenging terrain. Planning on participating in the Susquehanna Super Hike this year? The Chuck Keiper Slackpack will be excellent training.

Save the weekend of July 22-24, 2011 for Prowl the Sproul and the Chuck Keiper Slackpack. Additional information will be posted at [www.kta-hike.org](http://www.kta-hike.org). Registration will open on May 1 including meals and camping at the Western Clinton Sportsmen’s Association.

**Treks & Trails International** organizes hiking adventures for families, couples, friends and single travelers who share a common passion for hiking and travel to the world’s most beautiful places, including Patagonia, Iceland, Sweden, the Spanish Pyrenees, England and Wales, and Newfoundland. Treks & Trails International is a KTA partner member.

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**Keystone Trails Association**

**Statements of Assets, Liabilities, and Net Assets - Income Tax Basis**

**September 30, 2010 and 2009**

<table>
<thead>
<tr>
<th>ASSETS</th>
<th>2010</th>
<th>2009</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Current Assets</strong></td>
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<td>Cash</td>
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<td>Inventory</td>
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<tr>
<td>Property and Equipment</td>
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<tr>
<td><strong>Total Assets</strong></td>
<td>241,236</td>
<td>269,800</td>
</tr>
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</table>

<table>
<thead>
<tr>
<th>LIABILITIES AND NET ASSETS</th>
<th></th>
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<tbody>
<tr>
<td><strong>Current Liabilities</strong></td>
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<td>Accounts Payable</td>
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<td>Payroll Tax Liabilities</td>
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<td>Deferred Revenue</td>
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<td>Sales Tax Payable</td>
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<td><strong>Total Current Liabilities</strong></td>
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<td><strong>Net Assets</strong></td>
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<td>204,256</td>
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<tr>
<td></td>
<td>189,384</td>
<td>204,256</td>
</tr>
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<td><strong>269,800</strong></td>
</tr>
</tbody>
</table>
Many thanks to all the individuals and organizations who contribute to the Keystone Trails Association and support our efforts to preserve Pennsylvania’s footpaths.

**Keystoner**
$1,200-$2,499
A Friend * +

**Trustee**
$600 - $1,199
Dave Dalpezzo *
Thyra Sperry * +
Ernest Werstler *

**Advocate**
$240 - $599
Curt Ashenfelter *
Paul Burns +
Henry Frank * +
Charles Glanville & Elizabeth Brecht*
Marshall Hamilton *
Phil Keener *
Ed Lawrence * +
Richard Martin * +
Ralph Seeley +
Wanda Shirk * +
Thomas Thwaites +
Phil Williams *

**Additional Keep Trails Alive Donors**
$100 - $239
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Cindy Bower *
Thomas Brady
Mark Christy +
Jeffrey Clarke +

Carol Easter +
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Richard Hiemenz
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Laurence Miller +
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Geri Stahr
Mike Stasik
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Thomas Stott +
Steve Stroman & Judie Howrylak *
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* MONTHLY DONOR
+ LIFE MEMBER

**PROTECT HIKING TRAILS FOR FUTURE GENERATIONS**

Are you concerned about preserving Pennsylvania’s footpaths in perpetuity?

Individuals who include KTA in their estate plans find that they receive a sense of satisfaction in knowing that a portion of their accumulated assets will continue to aid KTA in accomplishing its mission of protecting and promoting hiking trails and hiking opportunities in Pennsylvania.

The Keystone Trails Association’s **Heritage Society** recognizes persons who have named KTA in their estate plans with a commitment of at least $5,000.

If you would like to receive information about joining the Heritage Society and including KTA in your estate plans, please contact Curt Ashenfelter at ktahike@verizon.net or 717-238-7017.

The Keystone Trails Association is a 501(c)3 nonprofit organization. All contributions are tax deductible to the extent allowed by law.

To make a contribution, renew your membership, or join the Keep Trails Alive monthly donor program, please visit [www.kta-hike.org](http://www.kta-hike.org) or call 717-238-7017.
THE FACES OF KTA

VOLUNTEER SPOTLIGHT

The Keystone Trails Association would like to thank Henry Frank for his years of dedicated service to the hiking trails community by serving as our Snowmobile and ATV Advisory Committee (SAAC) representative. During his time as a SAAC volunteer, Henry also served as the committee's Secretary. He stepped down from the position in December.

Henry lives in Philadelphia and is member of the Friends of the Wissahickon.

KTA WELCOMES NEW BOARD MEMBER

Janice Reich of Wyomissing, Berks County, was elected to the KTA Board of Directors at the Fall Council meeting held in Milroy, PA.

Janice has been a member of KTA since 1996. She has served as a Representative-at-Large and has worked with the board treasurer to develop the KTA budget presentation. Janice also participated in the inaugural weeklong summer trail crew when KTA first introduced the program and has volunteered for three more crews over the years.

She also serves as a director for the Blue Mountain Eagle Climbing Club and is a member of the Berks Community Hiking Club. She is also active with her local chapter of The Second Mile. Janice works as an auditor for a regional CPA firm where she specializes in not-for-profit and government audits.

KTA HIRES NEW PROGRAM ADMINISTRATOR

Shanna Filizzi is KTA’s new Program Administrator. She replaces Becky Schreiber, who is planning to thru-hike the Appalachian Trail beginning in March. Shanna began the position on January 31.

Shanna has more than 10 years of experience in the nonprofit sector including fundraising, membership development, event planning and volunteer management. Previously Shanna worked as the volunteer coordinator for WITF, central Pennsylvania’s public television and radio station, where she recruited, trained and managed over 400 volunteer groups and individuals.

In 2002, Shanna earned her M.S.W. with a concentration in Community Organization from the University of Michigan.

KTA VOLUNTEER OPPORTUNITIES

NEWSLETTER EDITOR

Duties include gathering and editing articles, laying out the issue, submitting it to the printer and checking the proof. The Newsletter editor is also an ex-officio member of the KTA Board of Directors.

SPEAKER'S BUREAU

KTA strives to develop a network of knowledgeable and dedicated speakers who are able to give presentations on topics of interest to the hiking community, such as travelogues with slideshows, backpacking and hiking topics, trail building/maintenance, advocacy, environment and conservation issues, natural history, wildlife, volunteerism and outreach, etc.

VOLUNTEER SAAC REPRESENTATIVE

The Snowmobile and ATV Advisory Committee (SAAC) advises the Secretary of the Department of Conservation and Natural Resources (DCNR) on matters concerning the use and operation of snowmobiles and ATVs on public land. SAAC requires two representatives from the non-motorized community, including the Keystone Trails Association.

The SAAC committee is mandated to meet at least once per year; most meetings are held in downtown Harrisburg but sometimes occur in other locations throughout the state. The designated KTA representative would attend scheduled SAAC committee meetings and file a brief report at the KTA spring and fall council meetings.

Please contact Curt Ashenfelter at ktahike@verizon.net for more information about volunteer opportunities with KTA.
MAINTENERS’ CORNER

2011 KTA TRAIL CARE SCHEDULE (from Page 2)

July 15-17: Trail Care, Allegheny Front Trail
Leader: Ed Lawrence, 570-925-5285, cathyed@nationi.net
Camp: Black Moshannon State Park group camping area

August 12-14: Trail Care, Mid State Trail, Woolrich Region
Leader: Joe Healey, 570-655-4979, jnlhealey@aol.com
Camp: Ravensburg State Park

September 23-25: Trail Care, Thunder Swamp Trail
Leader: John Motz, 570-236-1462, trailbldr@hotmail.com
Camp: Promised Land State Park

October 7-9: Trail Care, Reeds Gap Spur Trail
Leader: John Stevens, 814-861-6664, stevens.john.e@gmail.com
Camp: Poe Paddy State Park

November 11-13: Trail Care, Bear Run Nature Reserve
Leader: Jeff Rosier, 724-329-7803, jrosier@paconserve.org
Camp: Kirkpatrick House near Ohiopyle State Park

TRAIL CARE (from Page 1)

tails and sign on early.

The Code Orange program will continue in 2011 with work days scheduled for Keystone and Gifford Pinchot State Parks. Camping will be available both Friday and Saturday nights at both events. The Code Orange program provides an excellent opportunity to experience Pennsylvania’s state park system, rated the best in the nation, up close. Work at a park nearest your backyard or across the state where you’ve always wanted to go but haven’t, yet. Check the KTA website for additional Code Orange work days scheduled between newsletters.

Three-quarters of trail care participants came to just a single event in 2010. Thank you for making that decision to lend a hand to KTA’s Trail Care Program. Pennsylvania’s hiking trails shine a little brighter because of it. The goal for 2011 is to continue to expand our volunteer base, allowing us to build a more effective program and have a greater positive impact on hiking trails across the state. This year’s schedule offers a wide variety of opportunities to get involved and bring home a little treadway satisfaction.

LOOKING FOR 2010 VOLUNTEER TRAIL MAINTENANCE HOURS by Lorraine Healey

Hopefully, by the time you read this, all the proper people will have received their 2010 Volunteer Trail Maintenance Reports for completion. Maybe some of you even returned your completed reports to me already. For those who haven’t done so yet, please fill out your report and return it to me soon so that I will have something substantial to report at the Spring KTA meeting.

In the event you are no longer the person in charge of gathering the volunteer hours for your club or organization, please forward the form to the new lucky person. For those who do volunteer maintenance on a hiking trail but have no organization or club to send them to, I’m the person you should be sending your volunteer maintenance hours to. Every little bit helps. Thank you for your continued support and for your cooperation in filling out the report. It may seem like a thankless job, but how else would we find out about all the volunteer maintenance being done on hiking trails throughout the state.

Information can be sent to 93 Cedarwood Drive, Laflin, PA 18702 or to jnlhealey@aol.com.

TRAIL CREW SHIRTS ARE BACK

Participants in the Keystone Trails Association’s 2011 Summer Trail Crew program will have an opportunity to earn a Summer Trail Crew shirt thanks to the REI grant awarded to KTA last year.

Volunteers who participate at least 20 hours during one or more of the five weeklong Trail Crews - scheduled throughout June - will qualify not only for the immense satisfaction of having had a direct hand in “Keeping Trails Alive” but also for their very own newly redesigned shirt.

The heather gray performance t-shirts feature a three-color graphic and were made in the USA by Sport Science, a technical clothing company.

The Trail Crew program is both a cornerstone and a keystone of KTA’s commitment to Pennsylvania’s hiking trails and hiking community. The volunteers who power the program truly “Blaze the way.”

Volunteers who attend a Trail Crew for less than the 20 hours will have that participation counted towards the familiar orange trail care shirt awarded to those who come to five or more trail care events.
AROUND THE CLUBS

STC TRANSFORMS POWER POLES INTO TRAIL MARKERS

Tom Fitzgerald, a retired state forester and member of the Susquehannock Trail Club (STC), is taking recycling to a new level. Using old utility poles that REA Energy Cooperative is replacing, Fitzgerald is bringing new life to the Susquehannock Trail System.

To mark the trail, STC originally used locust poles cut in standard fence-post length to hold the directional signage needed to keep hikers on the proper paths. The signs were styled to be nearly identical to the Bureau of Forestry’s own signs.

“We set them 30 inches into the ground, and eventually, they proved too short because we had several that needed multiple signs,” Fitzgerald notes.

“Then one day I saw an REA crew changing a pole, and I asked if they or the landowner didn’t want the post, could I have it,” he reports. “The next day, it showed up in my driveway.”

Since then, Fitzgerald has figured out how to cut full-length poles and partial poles to repurpose them into usable trail markers. He cuts the pole with a chainsaw to the desired length, then uses a router to notch spots for the signs. He’s even converted a cart designed to trundle rolls of floor covering into a way to transport the poles to their final destination.

“They make excellent posts for a hiking trail because of their rustic, weathered appearance and durability,” Fitzgerald notes. “The creosoted interiors of the poles are as sound as ever, and they should easily outlast black locust poles.”

The article was reprinted with permission from Penn Lines (September 2010). The Susquehannock Trail System (STS) is an 85-mile remote long-distance loop trail in far north-central Pennsylvania. Learn more at stc-hike.org.

STC TRANSFORMS POWER POLES INTO TRAIL MARKERS

88-year-old backpacker Tom Weiner from Erie, PA stands next to an STS signpost made from an REA electric pole. Photo courtesy of Bill Boyd.

Fitzgerald is assisted in his efforts to maintain the STS by “The Ready Five,” a group of STC members who respond quickly to fix problems along the trail. Left to right: Bill Boyd, Dick Hribar, Wayne Baumann and Art Huber. Photo courtesy of Penn Lines.

ALLENTOWN HIKING CLUB

Allentown Hiking Club volunteer (and KTA Life member) Barbara Wiemann was named the Appalachian Trail Conservancy’s volunteer of the month for December. Barb gives a great deal of her time and talent to the Appalachian Trail, both on the Trail and as an administrator and leader. “When you can make a contribution,” Barb says, “you should offer your talents in areas where they can be useful.”

BMECC FORMS NEW COMMITTEE

The Blue Mountain Eagle Climbing Club (BMECC) has announced the formation of its newest committee, the Sustainable Trails Initiative (STI).

The William Penn Grant will fund FOW’s efforts to improve community engagement and outreach. FOW will install signage and develop standards for volunteer recruitment and training and natural surface trail building in order to improve the habitat and trails in Wissahickon Valley Park.

The Wissahickon Valley Park is a 1,800-acre forested gorge that is part of Philadelphia’s 9,200-acre Fairmount Park, one of the largest city parks in the world. Learn more about the Park and the Friends of the Wissahickon at www.fow.org.

"Education & Outreach".

The Committee’s mission is to cultivate community awareness of outdoor recreational activities. The Committee will focus on engaging youth and families in the outdoors.

For more information on the Blue Mountain Eagle Climbing Club, please visit www.bmecc.org or email info@bmecc.org.

FRIENDS OF THE WISSAHICKON AWARDED GRANT

The Friends of the Wissahickon (FOW) was recently awarded a grant of $440,000 from the William Penn Foundation to support the operations and programming of the Sustainable Trails Initiative (STI).
NEW TRAIL SYSTEM OPENS IN THE DELAWARE WATER GAP by Jeff Mitchell

The Cliff Park Trail System is a recent addition to the hiking opportunities that exist in the Delaware Water Gap National Recreation Area.

This trail system comprises seven different trails that form interconnecting loops; the entire trail system is about 8 miles in length. These trails are intended for day hiking and are generally easy to moderate in difficulty as they follow old grades and logging roads. Some of the trails follow the carriageways of the old resorts that were once common near Raymondskill Falls.

This trail system is unique in that it offers access to two superb waterfalls, Hackers and Raymondskill, several nice views, different forest types and a pond.

APPALACHIAN TRAIL/AT MUSEUM

A short relocation of the Appalachian Trail will move the trail through Pine Grove Furnace State Park to pass directly in front of the new Appalachian Trail Museum and the General Store.

Next season, the Museum will add several new exhibits including the long-missing old Center Point Knob plaque. The Museum has also obtained signs from Springer and Katahdin - the two ends of the Appalachian Trail - donated by the Georgia Appalachian Trail Club and the Maine Appalachian Trail Club respectively.

LAUREL HIGHLANDS HIKING TRAIL

At the end of 2009, the Laurel Highlands Hiking Trail (LHHT) bridge that crossed the Pennsylvania Turnpike was closed indefinitely due to structural deficiencies resulting in unsafe conditions. The closure between trail mileposts 36 and 37 severed the 70-mile LHHT in half. An 8.3-mile detour was established to allow hikers and other trail users to safely cross the turnpike.

On November 12 the Daily American (Somerset County’s newspaper) reported that the Department of Conservation and Natural Resources (DCNR) has found funding internally to build the new bridge. Construction of the new bridge is scheduled to be completed in the spring of 2011.

Hikers can contact the Laurel Hill State Park complex at 814-445-7725 for more information.

The Laurel Highlands Hiking Trail is located in southwestern Pennsylvania and is considered one of the finest trails in Pennsylvania. The LHHT attracts between 80,000 and 100,000 hikers and other users annually. The LHHT is a Bureau of Forestry State Hiking Trail and is a component of the Potomac Heritage National Scenic Trail.

OLD LOGGERS PATH

Several of the Old Loggers Path (OLP) side trails have been re-blazed. Sand Spring Trail has fresh blue blazes. Sharp Shinned Trail, which connects the OLP to Hawkeye Trail, is now blazed yellow.

Future plans include re-blazing the Hawkeye Trail red and adding a half-loop to the trail system.

The Old Loggers Path is a 27-mile long-distance hiking trail in the Loy-alsock State Forest in northeastern Lycoming County and is part of the State Forest Hiking Trail system.

Old Loggers Path patches are available through KTA. See page 15 for details.
**EVENTS**

**SATC, CPC HOST IRONMASTER’S CHALLENGE**

The Susquehanna Appalachian Trail Club (SATC) and Central Pennsylvania Conservancy (CPC) are co-sponsoring the Ironmaster’s Challenge on Saturday, May 21, 2011. The Ironmaster’s Challenge is a 26.6-mile hike and trail run in Pine Grove Furnace State Park and the surrounding Michaux State Forest. Hikers will also have the option to participate in the March for the Mansion, a less demanding 10-mile hike designed for the fitness walker or the more moderate-distance hiker. Proceeds from the event will benefit CPC’s effort to restore the Ironmaster’s Mansion, a former hiker hostel located in Pine Grove Furnace State Park. CPC hopes to reopen the Mansion as a hostel for scout groups and hikers while also restoring it for use as an educational facility. The goal is to reopen the Mansion’s doors by April 1, 2011.

Both hikes will be supported with several checkpoints along the route to supply food and beverages, as well as first aid and radio communication to assure the safety of participants. Registration for both events opens in February. Registration includes snacks and drinks at all the checkpoints, an event t-shirt and a picnic at the finish line.

For more information please visit [www.ironmasterschallenge.com](http://www.ironmasterschallenge.com).

Don’t want to break a sweat? Plenty of volunteer opportunities - both before and during the May 21 event - will allow you to share in the fun and camaraderie. Sponsorship opportunities are also available. Contact Karen Balaban, SATC president at Bushwack@SATC-hike.org for more information.

**PA HIKING WEEK CELEBRATES 10th YEAR**

The Keystone Trails Association and the Pennsylvania Department of Conservation and Natural Resources (DCNR) are proud to sponsor the tenth annual Pennsylvania Hiking Week.

This year’s hiking week is scheduled for Saturday, May 28 through Sunday, June 5, which coincides with the Memorial Day weekend and National Trails Day (Saturday, June 4).

The statewide event promotes Pennsylvania’s amazing network of hiking trails in state parks, state forests and communities throughout the commonwealth. The nine-day event typically features more than 100 organized hikes and walks throughout Pennsylvania.

KTA thanks our local hiking clubs for organizing hikes and for providing hike leaders. Let’s work to make the tenth Pennsylvania Hiking Week the best one yet!

Please consider scheduling a hike during Pennsylvania Hiking Week to feature your local trails. Look for additional information in the May 2011 Newsletter or contact ktaadmin@verizon.net for details.

**ATC HOSTS 38th BIENNIAL CONFERENCE IN VIRGINIA**

The Appalachian Trail Conservancy’s 38th Biennial Conference Virginia Journeys 2011 is scheduled for July 1-8 at Emory & Henry College in Emory, VA.

The conference is hosted by the seven AT maintaining clubs of central and southwest Virginia and will feature trail-related workshops, hikes on the AT and other trails in Virginia and Tennessee and the chance to explore Damascus, Virginia, the “friendliest town on the trail.” The Biennial will celebrate the Appalachian National Scenic Trail and the Blue Ridge Mountain Trails of Virginia.

For more information or to register visit [www.appalachiantrail.org](http://www.appalachiantrail.org).
THE FAMILY THAT HIKES TOGETHER by Becky Schreiber

Greg Garthe, a 30-year-old resident of State College, has been participating in trail challenge events since 2003, when he and his father Jim first took part in the Rachel Carson Trail Challenge near Pittsburgh.

It rained the entire day. "It was often one step forward and two steps backward because of the mud," says Greg. "At one point, we had to wade through a thigh-deep stream. We were extremely exhausted at the end of the day, but we were hooked on extreme dayhikes."

Since that time Greg has participated in 18 trail challenges events across the state, including the 2010 Susquehanna Super Hike & Ultra Trail Run in York and Lancaster counties. Along the way, he and his father have also convinced his 27-year-old brother Kyle, 26-year-old cousin Kelly and 25-year-old sister Tracy to join in the fun.

Greg and his siblings grew up outside the State College area near the Rothrock State Forest, where his family spent a lot of time hiking and backpacking. Those early trips in the woods inspired the family’s interest in fitness and the outdoors. The family now trains and travels together for one or two trail challenges each year.

On event day, the family will stick together on the trail but can sometimes get separated about halfway through the course. Greg says the family “typically seems to meet at the end.” However, he still hears about the time when he passed his sister on the final stretch of the 34-mile Rachel Carson Trail Challenge to beat her to the finish line.

But why trail events? Greg states that he is more motivated on trails. He enjoys the scenic views but also likes to test his fitness level on the steep hills and difficult terrain of the trail challenge courses. Like many participants, Greg believes that it’s not about winning or beating other runners or hikers, but - first and foremost - it’s about challenging yourself.

He adds, “One of the best parts of these events is that there seems to be a community following, whether it’s the volunteers at the checkpoints, the guy giving out cold water on his porch or the people out in their yards with homemade signs. Those things help when you’re tired.”

For hikers or trail runners participating in their first trail challenge, Greg recommends coming prepared for anything. There are many variables besides the ups and downs of the terrain including weather, gear, food and hydration. It’s often difficult to know how your body will react during a first event.

In his early events, Greg often carried a spare pair of boots in addition to lots of snacks, first aid supplies, etc. Now he knows that the event checkpoints are typically well stocked with everything a participant will need, and he can carry much less weight. Greg states, “You see lots of different people on the trails from hikers with trekking poles and large packs to trail runners in sneakers and shorts carrying only a small water bottle.” Learn about what works best for you.

Also participating at the Super Hike was Tracy’s boyfriend Jamie Ritter. Greg’s mother Patty and wife Erin have also participated in previous events. When asked if there are any plans to involve other family members, Greg answers “I still have another cousin to work on, but she lives in Boston, so it’s a little harder.”

The third annual Susquehanna Super Hike & Ultra Trail Run is scheduled for September 10, 2011. Registration will be limited to 500 participants. Visit www.kta-hike.org for more information or to sign up.
MY FAVORITE HIKE

MY EXPERIENCE ON THE HORSE-SHOE TRAIL by John Romine

I was hiking the Horse-Shoe Trail in portions with my dad from November 2008 until July 2010. During those almost two years, I have had many fun and exciting experiences on the trail.

One of those experiences was in July 2009. A large, friendly black lab followed us for most of the trail, keeping us company. When we sat down to rest, she stuck around and kept on begging for food, and when we finally did give her some, she would spit it out, but then inexplicably ask for more. Eventually, she figured out that we didn't have anything else, got bored and left. She found us on the way back though, and demanded to be petted and scratched, until she got bored and left again.

Despite our good experiences, there were some unpleasant ones too. In February of 2009, we purchased over-shoes - boot-like footwear that is supposed to keep the wearer's feet dry when standing in water. However, if the water level was higher than the tops of the over-shoes, then water would come in from the tops and flood them. We found this out the first time I used them crossing French Creek in Chester County. The water came in from the tops, flooding them, forcing us to cut our hike short and turn back so I could warm my feet in the car and then head home. Luckily, it wasn't very far.

Despite the times the trail got tough or discouraging, it was still a fun bonding experience for both me and my dad. We had lots of good times, saw many good views, saw many new things, and - most importantly - got a chance to enjoy the great outdoors together. Anyone who enjoys being outside and in nature, from amateur hikers to seasoned mountain climbers, should enjoy the natural beauty of the Horse-Shoe Trail.

John is a 14-year-old 8th grader at Bala Cynwyd Middle School. He received the KTA Young Hiker Award in 2009. The Horse-Shoe Trail is a 144-mile hiking and equestrian trail that runs from Valley Forge National Historic Park to the Appalachian Trail in Dauphin County. There are dozens of access points in between, described in more detail in the trail's guidebook. See page 12 for more information or visit hstrail.org.

MY FAVORITE HIKE: BUSH RIDGE ORE BANKS LOOP by Adam Bucynski

The Brush Ridge Ore Banks Loop is located in Greenwood Furnace State Park in northeastern Huntingdon County. We camp at Greenwood Furnace State Park every year for Old Home Days. Old Home Days is a two-day festival when you do things from the late 1800s like old-fashioned baseball, a cake walk and music concerts. We do this hike as part of our weekend every year, so that is why it is my favorite hike.

I also like it because of the history you see along the way. The hike starts across from the spillway and follows Tramway Trail, which is the old railroad used to haul iron ore from the mines to the furnace. Tramway Trail goes behind the former mine boss's house along the way to the mines. This year we found a piece of iron strap that was used on top of the wooden rails, and we also found the opening of an old mine. About 2.5 miles from the park, the trail turns right and follows Dixon Trail to the top of the ridge. Along the way up, you can see piles of stone and dirt from the mines that were here. At the top of the ridge, the hike turns right on Brush Ridge Trail, and there are more signs of the mining that happened here. It is about 3 miles back to the park on Brush Ridge Trail, or you can use another one of the trails that connect to Brush Ridge Trail to return to the park.

Adam is 8-years-old and is home-schooled. He received the KTA Young Hiker Award in 2010. The trailhead for the Brush Ridge Ore Banks Loop is found at the Tramway Trail located across from the spillway at Greenwood Furnace State Park. The park is on Route 305 about 10 minutes west of Belleville or a 35 minute drive southeast of State College. The hike is 6 miles and described as easy to moderate. For more information visit www.dcnr.state.pa.us/stateparks/parks/greenwoodfurnace.aspx.

Do you know a young hiker with trail stories or a favorite hike to share? We would love to hear from him/her! Please send your young hiker's stories to the editor at ktaadmin@verizon.net. Let's encourage our kids to get outdoors this year!
The KTA Board of Directors is pleased to announce the slate of entries for the Name the Newsletter contest:

- Hike Pennsylvania
- Hiking Pennsylvania Today
- Keystone Hikers’ Times
- Pennsylvania Hikers
- Pennsylvania Hikers’ News
- The Keystone Hiker

Vote for your favorite name by visiting www.kta-hike.org and look for the Poll on the left side of the homepage. Or send your vote by email to ktaadmin@verizon.net or by mail to 101 N. Front Street, Harrisburg, PA 17101. Votes must be received by April 1.

Many thanks to the individuals who submitted their entries. The person who submitted the winning entry will receive a pair of Komperdell Northern Lights Trekking Poles courtesy of KTA Board member Scott Adams.

The winning name will be announced on the cover of KTA’s Spring issue!

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**I. PUBLICATIONS**

**HIKING THE ENDLESS MOUNTAINS**

The second edition of *Hiking the Endless Mountains: Exploring the Wilderness of Northeastern Pennsylvania* will soon be available. This updated and expanded edition features 74 day hikes and 4 backpack hikes including paths to scenic vistas, waterfalls and natural wonders. The book also features 16 color photographs and detailed maps (many with GPS coordinates) as well as essential information on duration, distance, difficulty, elevation and highlights along the way. Author Jeff Mitchell says, "Of all the books I've written, I'm probably the most proud of this one. It reveals some truly amazing places."

**NEW HORSE-SHOE TRAIL GUIDE**

The Horse-Shoe Trail Conservancy published a new version of the *Guide to the Horse-Shoe Trail* in January. The guide features 10 four-color maps on water resistant paper. Each map covers approximately fourteen trail miles and includes suggestions for parking and trail directions on the back. Also included is the small yellow guidebook with additional trail information.

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**II. KTA HIkers’ Market**

**PUBLICATIONS**

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- Hike Pennsylvania
- Hiking Pennsylvania Today
- Keystone Hikers’ Times
- Pennsylvania Hikers
- Pennsylvania Hikers’ News
- The Keystone Hiker

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AT MUSEUM SEEKS PROGRAM PRESENTERS

Do you or someone you know have a skill, talent, experience or passion related to the Appalachian Trail to share with the public? Do you have a commitment toward educating the public - young and old - about the AT, its maintaining clubs and our great work? If so, consider signing up as a 2011 program presenter at the Appalachian Trail Museum in Pine Grove Furnace State Park.

Programs are now being scheduled for each Sunday at 1:00 PM, April through September. For more information, contact AT Museum Program Chair Gwen Loose at hiker9967@hotmail.com or Museum President Larry Luxenberg at luxenberg@lexingtonave.com.

Learn more about the AT Museum and volunteer opportunities at www.atmuseum.org.

Inside this Issue:

- **Volunteer with KTA!** Check out the complete 2011 KTA Trail schedule on Page 2 and additional volunteer opportunities on Page 8.
- Name the KTA Newsletter! See Page 15 for details.

KTA MEMBERSHIP FORM

Name: ___________________________________________

Address: _________________________________________

Telephone: ________________________________

Email: _________________________________________

Club Affiliations (if any): ________________________________

☐ Receive the NEWSLETTER in full color via email by 1st of issue month instead of by postal mail and save KTA paper and mailing costs.

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Member organizations are welcome and should forward the name and contact information for the group’s designated KTA representative along with appropriate contribution: $50 per year for clubs; $100 per year for commercial enterprises; $10 per year or $25 for three years for youth groups. All member contributions and correspondence should be mailed to: 101 N. Front St., Harrisburg, PA 17101

KTA is an Internal Revenue Service 501(c)(3) organization and contributions are deductible to the extent permitted by law.