



# SPRING HIKING WEEKEND

APRIL 19-21, 2024 | STROUDSBURG, PA

KTA Hiking Weekends feature 3 days of hiking, camaraderie, and looking ahead to the future of PA's trails.



## SPRING HIKING WEEKEND • FRIDAY HIKES

### [HIKE 1] KTA A.T. Section # 1 • Led by Jim Foster

*Moderate • Duration: 6.5 miles/3.5 hours • Drive trailhead from Twin Pines: 60 mins/22 miles*  
A.T. South From Little Gap 6.5 mile hike on recently rerouted A.T. Spectacular views of Lehigh Valley.

### [HIKE 2] Mt. Tammany via Red Dot (Mt. Tammany Trail) and Blue (Pahaquarry Trail) • Led by Lennie Steinmetz

*Moderate • Duration: 3.6 miles/2.5 hours • Drive trailhead from Twin Pines: 30 mins/16 miles*  
Climb Mt. Tammany with views of the Water Gap.

### [HIKE 3] Wind Gap AT Parking to Leroy Smith AT Shelter • Led by George Cagle

*Moderate • Duration: 10 miles/4 hours • Drive trailhead from Twin Pines: 25 mins/14 miles*

### [HIKE 4] Preachers Camp Trail - Beltzville State Park • Led by Howard Reid

*Moderate • Duration: 5.1 miles/2 hours • Drive trailhead from Twin Pines: 32 mins/18 miles*  
Explore beautiful Beltzville State Park with 482 feet of elevation gain.

### [HIKE 5] Cliff Trail and Raymondskil Falls/ Delaware Water Gap • Led by Eric Carter

*Moderate • Duration: 5.8 miles/3 hours • Drive trailhead from Twin Pines: 60 mins/40 miles*  
Winter views over Delaware River and majestic waterfall. NOTE: LIMITED PARKING CARPOOLING RECOMMENDED

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 SPRING HIKING WEEKEND • SATURDAY HIKES

**[HIKE 1] Tumbling Waters and Ridgeline Loops out of P.E.E.C. • Led by Stan de Riel**

*Moderate • Duration: 6.7 miles/5 hours • Drive to trailhead from Twin Pines: 50 mins/47 miles*

Two loop trails over hilly terrain. Forests, ravines, wetlands; switchbacks, short cable-hold scramble. Stream with possible waterfall.

**[HIKE 2] Mt Minsi Loop - Delaware Water Gap • Led by Blase Hartman**

*Moderate • Duration: 4.8 miles/3 hours • Drive to trailhead from Twin Pines: 50 mins/15 miles*

Climb Mt. Minsi with views of the Water Gap

**[HIKE 3] KTA A.T. Section # 2 • Led by Jim Foster**

*Moderate • Duration: 6.5 miles/3.5 hours • Drive to trailhead from Twin Pines: 105 mins/31 miles*

A.T. North From Lehigh Furnace Gap 6.5 mile hike on recently rerouted A.T. Great views of western side of Lehigh Gorge

**[HIKE 4] Bear Creek Preserve • Led by Paul Shaw**

*Moderate • Duration: 7 miles/4 hours • Drive to trailhead from Twin Pines: 60 mins/31 miles*

7-mile loop through Bear Creek Preserve with scenic overlook and three waterfalls along Shades Creek.

**[HIKE 5] AT-Kaiser-Coppermine Loop • Led by Lennie Steinmetz**

*Moderate • Duration: 6.5 miles/4.5 hours • Drive to trailhead from Twin Pines: 55 mins/31 miles*

AT-Kaiser-Coppermine Loop hike + descending to Delaware River, visit to AMC Mohican Outdoor Center & Catfish Pond.

**[HIKE 6] DWG to Sunfish Pond • Led by Katie Barker**

*Moderate • Duration: 7.6 miles/4 hours • Drive to trailhead from Twin Pines: 42 mins/14 miles*

Hike from first A.T. parking lot in NJ to scenic Sunfish Pond and back

**[HIKE 7] Camelback Mountain Via Old Railroad Grade, North and South Trails • Led by Howard Reid**

*Moderate • Duration: 7.2 miles/3-4 hours • Drive to trailhead from Twin Pines: 15 mins/8 miles*

Beautiful hike with great cardio opportunities with 964 feet of elevation changes.

**[HIKE 8] Tannersville Cranberry Bog Preserve Interpretive Walk, The Nature Conservancy • Led by Roger Spotts, MCCD**

*Moderate • Duration: 1 mile/2 hours • Drive to trailhead from Twin Pines: 15 mins/6 miles*

The Tannersville Cranberry Bog is a National Natural Landmark and one of the first Nature Conservancy's nature preserves in Pennsylvania. The bog is home to pitcher plants, sun dew, cranberry, orchids, American Larch, and many of species unique to the bog and many wildlife species. This is an interpretive hike led by the Head Naturalist at Kettle Creek Environmental Education Center. The out and back hike follows wooded trails and wooden boardwalk through the southernmost low elevation boreal bog on the eastern seaboard. There is a separate fee for this hike: \$5.00 per person. Payment must be made in the form of cash or check made payable to the Monroe County Conservation District or MCCD to the hike leader. Minimum of 10 hikers and maximum of 30.

**[HIKE 9] Big Pocono Vista Loop-Indian South and Vista Trails • Led by John Motz, POC**

*Moderate • Duration: 3 mile/2 hours • Drive to trailhead from Twin Pines: 25 mins/12 miles*

Enjoy the BEST views in and of the Poconos from atop Big Pocono on Camelback Mountain. Optional lunch at Barley Creek Brewing Company. Loop with lots of rocks and easy scramble with cliffside views.

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 SPRING HIKING WEEKEND • SUNDAY HIKES

**[HIKE 1] Shades of Death Trail - Hickory Run SP • Led by Donna Thompson**

*Moderate • Duration: 2.5 miles/2 hours • Drive to trailhead from Twin Pines: 45 mins/26 miles*

Out-n-back. Rated moderate due to roots and rocks. Very popular, scenic trail with stream-side hiking, cascades, rhododendron tunnels, rock features. On way home for central/western PA. Park at beautiful visitor center with e-charging. See KTA Trail Care results

**[HIKE 2] Blue Loop at Thomas Darling Preserve • Led by Ed Lawrence**

*Easy • Duration: 2.2 miles/1.5 hours • Drive to trailhead from Twin Pines: 30 mins/26 miles*

Rated easy. Stream-side hiking, cascades, wetland flora and fauna. On way home for central/western PA.

**[HIKE 3] Choke Creek Loop on Pinchot Trail • Led by Rick Stibgen**

*Moderate • Duration: 8.5 miles/4 hours • Drive to trailhead from Twin Pines: 50 mins/35 miles*

Rated moderate due to length. Stream-side hiking, cascades. Can be muddy. See KTA Trail Care results. Can shorten to 6.5 miles.

**[HIKE 4] Wolf Rocks / A.T. Lollipop • Led by Jenn Ulmer**

*Moderate • Duration: 4.6 miles/3 hours • Drive to trailhead from Twin Pines: 20 mins/13 miles*

Lollipop route. Rated moderate due to rocks; some scrambling at vista.

**[HIKE 5] Tumbling Waters Loop Trail at P.E.E.C. in Delaware Water Gap NRA • Led by Wayne Gross**

*Moderate • Duration: 3 miles/2 hours • Drive to trailhead from Twin Pines: 45 mins/31 miles*

Start at PEEC HQ, Trail skirts Pickerel Pond and follows hilly terrain through forest, side switchback trail to Tumbling Waters Waterfall.

**[HIKE 6] Glenn Run Loop • Led by Casey Schneck**

*Easy • Duration: 2.8 miles/2 hours • Drive to trailhead from Twin Pines: 15 mins/9 miles*

Loop trail through woods of Glenn Run Nature Preserve with overlook and lakeside stops.

**[HIKE 7] KTA A.T. Section # 3 • Led by Brook Lenker**

*Moderate • Duration: 7 miles/3.5 hours • Drive to trailhead from Twin Pines: 86 mins/27 miles*

Out and back hike from Lehigh Gap East parking lot on Winter Trail and A.T. featuring recent reroutes, new views of Lehigh Gap and remediated Superfund site

**[HIKE 8] Tannersville Cranberry Bog Preserve Interpretive Walk, The Nature Conservancy • Led by Roger Spotts, MCCD**

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The Tannersville Cranberry Bog is a National Natural Landmark and one of the first Nature Conservancy's nature preserves in Pennsylvania. The bog is home to pitcher plants, sun dew, cranberry, orchids, American Larch, and many of species unique to the bog and many wildlife species. This is an interpretive hike led by the Head Naturalist at Kettle Creek Environmental Education Center. The out and back hike follows wooded trails and wooden boardwalk through the southernmost low elevation boreal bog on the eastern seaboard. There is a separate fee for this hike: \$5.00 per person. Payment must be made in the form of cash or check made payable to the Monroe County Conservation District or MCCD to the hike leader. Minimum of 10 hikers and maximum of 30.

**[HIKE 9] Big Pocono Upper Rim Walk/Hike • Led by John Motz, POC**

*Moderate • Duration: 3 mile/2 hours • Drive to trailhead from Twin Pines: 25 mins/12 miles*

Scenic walk/hike along the north side of Rim Rd to the South Trail near the park entrance and back along South Trail. Loop with interpretation of area history along the way.